

**This issue of the Communications Bulletin includes the following items:**

- 1. Update to the Departmental Website – Patients & Family Page**
- 2. 6<sup>th</sup> Annual Forensic Psychiatry Conference (attachment)**
- 3. Search, Director, IKBLC, invite to Candidates' Public Presentations**
- 4. Free Health Promotion Initiatives for UBC Vancouver Staff and Faculty (July/August 2008)**

### **1. Update to the Departmental Website – Patients & Family Page**

Have you ever wondered where to find information on clinical services or resources for inquiring individuals?

We have developed the following webpage in order to help answer some of the questions that we receive from patients and their family members.

Please visit <http://www.psychiatry.ubc.ca/patients.htm> for more information.

### **2. 6<sup>th</sup> Annual Forensic Psychiatry Conference (attachment)**

Visit <http://www.bcmhas.ca/Education/RVHConferences.htm> for information to submit abstracts.

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### 3. Search, Director, IKBLC, invite to Candidates' Public Presentations

To: The University Community  
From: David Farrar, Provost and Vice President Academic

In late May 2008, Peter Ward announced the Committee for the Selection of the new Director of the Irving K. Barber Learning Centre had been established. In June, 2008, the committee met with a number of candidates and agreed that two individuals, Elaine Fairey and Sandra Singh, would be invited back for further dialogue. I strongly encourage those interested faculty and staff to attend the candidates' public presentations on the following topic:

*The vision of the IKBLC is expansive. It touches learners, researchers, community and the globe. It has the potential to transform the ways that traditional teaching and learning take place; the working relationships between the academic and broader communities, the ways in which research is disseminated. Please discuss what you see as the challenges and the opportunities in realizing the Barber vision.*

*Your presentation should place specific emphasis on teaching and learning, and community and research, and should explore amongst other ideas, the role the Learning Centre could play in transforming the academic experience for undergraduate students. Discuss how the Centre and the broader community could collaborate to exchange research and information; and how the Centre could work with specific academic groups and departments, who present global outreach opportunities. Share your thoughts with regard to what would be important to consider when evaluating these challenges and opportunities and how you would make your decisions around initiatives.*

**Elaine Fairey** will be presenting July 24 at 9:30 am in the Michael Smith Building, 2185 East Mall, Room 102

**Sandra Singh** will be presenting July 28 at 9:30 am in the Michael Smith Building, 2185 East Mall, Room 102

Feedback would be welcomed and may be forwarded to Deborah Austin, Director, Library Human Resources at [deborah.austin@ubc.ca](mailto:deborah.austin@ubc.ca) directly after the presentations.

Thank you.

#### **4. Free Health Promotion Initiatives for UBC Vancouver Staff and Faculty (July/August 2008)**

1. Mark your calendars. The 2008 Health Symposium – A Healthy Footprint – will be held October 15, 2008. More details coming soon.
2. Kick your shoes off and dance away your noon hour with a Nia workshop. While the workshop is full, place your name on the waitlist and be contacted if there is a cancellation. [http://www.hse.ubc.ca/health\\_promotion/wellness\\_initiatives/initiatives\\_index.htm#nia](http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#nia)
3. Multiple health benefits can come from just 30 minutes of brisk walking. Join the GSAB lunch time walking group. [http://www.hse.ubc.ca/health\\_promotion/wellness\\_initiatives/initiatives\\_index.htm#walking](http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#walking)
4. Discover the simple rules for keeping your life clutter free on July 15. You'll learn the four sources of disorder at home and at work from a great motivational speaker and a favorite in the local media. [http://www.hse.ubc.ca/health\\_promotion/wellness\\_initiatives/initiatives\\_index.htm#fundamental](http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#fundamental)
5. Sun safety - separate the facts from the myths. On July 24, UBC's Dr. Eileen Murray will show participants how to protect themselves and their loved ones from sun damage. [http://www.hse.ubc.ca/health\\_promotion/wellness\\_initiatives/initiatives\\_index.htm#nia](http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#nia)
6. A wide range of fitness facilities both on and off campus offer discounts to UBC staff and faculty. Find out which ones. [http://www.hse.ubc.ca/health\\_promotion/wellness\\_initiatives/initiatives\\_index.htm#fitness](http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#fitness)

Please visit the Health Promotion Programs website for more workshops and seminars in August.

UBC's Health Promotion Programs is actively involved in the creation of a safe community that encourages employee health and supports the University's vision as expressed in TREK 2010.