

This issue of the Communications Bulletin includes the following items:

1. [Conference Agenda for Taking Stock: New Perspectives on Parenting](#) – Sept. 29<sup>th</sup> (attachment)
2. [NARSAD Healthy Minds Across North America event](#) – Sept. 14th (attachment)
3. [Depression Consensus Conference - Early Bird Deadline](#) – Sept. 10<sup>th</sup>
4. [IMH Colloquium Series](#) – first event on Sept.10<sup>th</sup>
5. [Imagine UBC: message from UBC student development office re: volunteer opportunities.](#)
6. [Update on M&P Salary Survey](#)
7. [Department IT Report on SPSS Networked Use](#)

## **1. Conference Agenda for Taking Stock: New Perspectives on Parenting**

Please see the attachments, forwarded on behalf of Dr. Ronald Barr, for the conference, "Taking Stock: New Perspectives on Parenting", in Calgary, Alberta, September 29, 2008.

## **2. NARSAD Healthy Minds Across North America event Sept. 14**

Please see the attached invitational flyer for the upcoming NARSAD symposium on Sept. 14.

Below are some updates to assist with this program.

### **FORUM:**

Attached is your Flyer/Invite- we suggest it be distributed to campus staff, academics, students, patients and general lay community.

### **VOLUNTEERS:**

We have reached out to local organizations such as NAMI, as well as campus counseling centers. If we do receive volunteer support at your institution, I will share this with you after September 2nd.

Volunteers may assist with check-in and general information.

### **MEDIA:**

An advertisement will be placed in:

- Vancouver Sun
- Forward News
- September 8

For more information, please visit [www.narsad.org](http://www.narsad.org) – Leading the Search for Cures.

### 3. Depression Consensus Conference - Early Bird Deadline, September 10!



[Early Bird Deadline September 10, 2008](#)  
[Register Now and Save \\$75!](#)

#### A Consensus Development Conference on Depression in Adults:

How to Improve Prevention, Diagnosis, and  
Treatment

**October 15 – 17, 2008, The Westin Calgary,  
Calgary, AB**

**The Honourable Michael Kirby** (Chair, Mental Health Commission of Canada) will lead a distinguished jury of citizens and experts to develop practical recommendations on how to improve prevention, diagnosis, and treatment of depression in adults.

Expert Chair **Dr. Scott Patten** (Professor of Psychiatry, University of Calgary) will lead a panel of experts in presenting available evidence on depression in adults.

| <b>Jury Members</b>            | <b>Expert Speakers</b>                   |                           |
|--------------------------------|--|---------------------------|
| Hon. Michael Kirby, Jury Chair | Dr. Scott B. Patten,<br>Scientific Chair | Dr. Phil Jacobs           |
| Dr. Penny Ballem               | Dr. Glen Baker                           | Dr. Sidney Kennedy        |
| Dr. Roger Bland                | Mr. Leonard Bastien                      | Dr. Raymond Lam           |
| Dr. Carolyn Dewa               | Ms. Mary Ann Baynton                     | Dr. Sonia Lupien          |
| Ms. Madeleine Dion Stout       | Dr. Dan Bilsker                          | Dr. A. Donald<br>Milliken |
| Dr. Elliot Goldner             | Dr. June Bergman                         | Ms. Shelagh Rogers        |
| Dr. Nancy Hall                 | Ms. Lauren Brown                         | Dr. Harold Sackeim        |
| Dr. Alain Lesage               | Dr. Patrick Corrigan                     | Dr. Eldon Smith           |
| Dr. Glenda MacQueen            | Dr. Janet de Groot                       | Dr. David Streiner        |
| Dr. Ian Manion                 | Dr. Keith Dobson                         | Dr. Angus Thompson        |
| Dr. Garey Mazowita             | Dr. David Dozois                         | Dr. Thomas Ungar          |
| Mr. Rod Phillips               | Dr. Nady el-Guebaly                      | Dr. Patrick White         |
| Ms. Shelagh Rogers             | Dr. Vincent Felitti                      |                           |
| Mr. Phil Upshall               | Ms. Zorianna Hyworon                     |                           |

**Advance Program**

For more information or to read past consensus statements go to:

<http://www.ihe.ca/depression.html>

|  |   |  |  |
|--|---|--|--|
|  <p><b>IHE</b><br/>INSTITUTE OF<br/>HEALTH ECONOMICS<br/>ALBERTA CANADA</p> |  <p><b>Alberta Health<br/>Services</b><br/>Alberta Mental Health Board</p> |  <p>MENTAL HEALTH COMMISSION OF CANADA<br/>COMMISSION DE LA SANTÉ MENTALE DU CANADA</p> | <p>With support<br/>from the<br/>Alberta<br/>Depression<br/>Initiative</p> |
|--|---|--|--|

---

BUKSA Conference Management and Program Development  
Suite 307, 10328 - 81 Avenue NW  
Edmonton, AB T6E 1X2  
Telephone (780) 436-0983 Ext. 227

++++

[consensus@buksa.com](mailto:consensus@buksa.com)

#### **4. IMH Colloquium Series**

The first event of the year is on September 10<sup>th</sup>!  
Barbara Sahakian: [Cognition in Depression and Mania](#)

Please visit the website below for more details

[http://www.psychiatry.ubc.ca/IMH/IMH\\_Colloquia.htm](http://www.psychiatry.ubc.ca/IMH/IMH_Colloquia.htm)

#### **5. Imagine UBC: message from UBC student development office re: volunteer opportunities.**

The following is sent on behalf of Janet Teasdale, Senior Director, Student Development.

---

*Dear Colleagues,*

*In a couple of weeks the campus will come alive as new and returning students begin classes in September. In anticipation of the beginning of a new academic year, I am extending an invitation to all faculty and staff interested in volunteering to be part of Imagine UBC for the 5,000 new-to-UBC participants. In addition, I am writing you to share some of the initiatives in place on campus to welcome and orient the newest members of UBC.*

*Since 1997, Imagine UBC has replaced all 100 level classes on the first day classes. Through small faculty based groups students who share a common class are led by a senior student through a program that addresses many of their pressing questions and facilitates connections with peers, faculty, and staff. Through these connections new students learn about the resources and services available to support a successful academic and social transition to university life. First impressions are important. Through peer interactions, connection to faculty members, and modeling engagement, orientations contribute to strengthening retention efforts and student learning.*

*Imagine UBC is also one of the most direct ways to connect with our nearly 3000 new-to-UBC students who are living off campus. UBC is a large commuter campus and it is important to facilitate students finding their place in a smaller community: orientation and transition programs facilitate this process. Through the connections made with faculty, staff and peers students develop a network that provides support during their transition to university life.*

*We invite faculty and staff from across campus to participate in Imagine UBC as a volunteer. Time commitments are short, approximately two hour blocks. If you are interested **and** are able to receive release time from your daily responsibilities, we would welcome your involvement. To participate, please contact Shannon Sterling at [shannon.sterling@ubc.ca](mailto:shannon.sterling@ubc.ca) or 2.0136, she will be in contact with you shortly thereafter regarding your availability and options for involvement.*

*In addition, you will find information about orientation programs at:*

- [\*UBC Jump Start\*](#)
- [\*GALA – International Student Orientation\*](#)
- [\*Transfer Student Orientation\*](#)
- [\*Graduate Student Orientation\*](#)
- *Parent Orientation at:*
  - [\*International Students' Parent Orientation\*](#)
  - [\*Residence Students' Parent Orientation\*](#)
  - [\*Commuter Students' Parent Orientation\*](#)

*Thank you for your time, energy and commitment to supporting student success during this most exciting time of year.*

*Janet Teasdale  
Senior Director, Student Development*

## **6. Update on M&P Salary Survey**

Michelle Berner, Director, HR - Total Compensation, has provided an update on the upcoming Management & Professional (M&P) salary survey scheduled for this fall.

View the online memo here:

[http://www.hr.ubc.ca/files/pdf/memos/HR\\_Memo\\_Update\\_on\\_M\\_and\\_P\\_Salary\\_Survey.pdf](http://www.hr.ubc.ca/files/pdf/memos/HR_Memo_Update_on_M_and_P_Salary_Survey.pdf).

## **7. Department IT Report on SPSS Networked Use**

SPSS Network Use

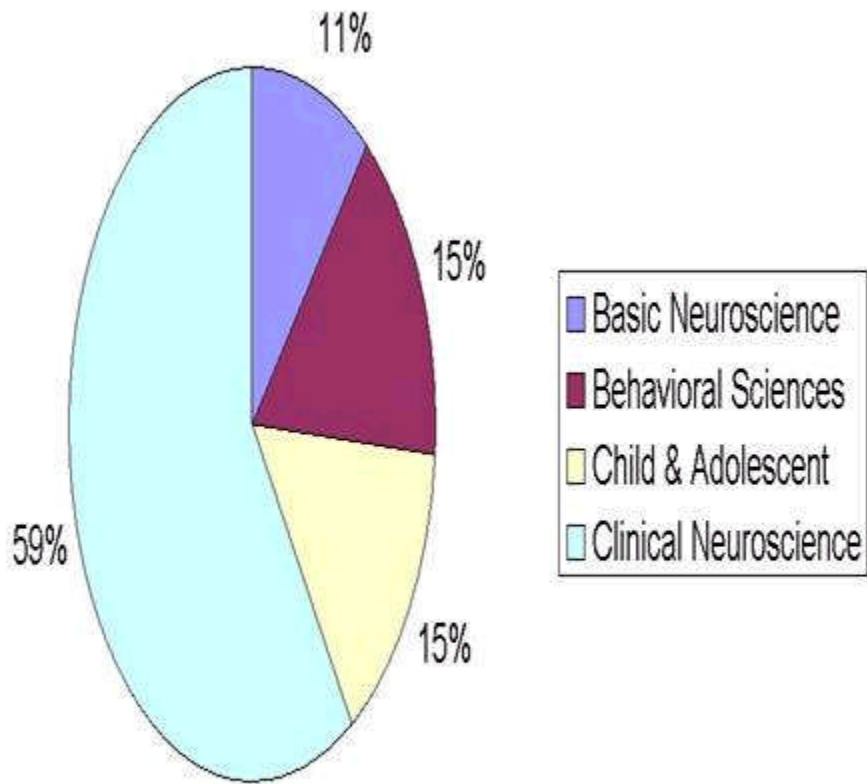
Those of us on the departmental LAN have now been using a, 5 concurrent user license, networked version, of SPSS for 8 months. Prior to that, we had 3 concurrent licenses, which proved inadequate. I thought that you may be interested in some statistics, from that period;

There are 42 individual users in 4 divisions.

The average individual has used SPSS Net for 319.9 hours.

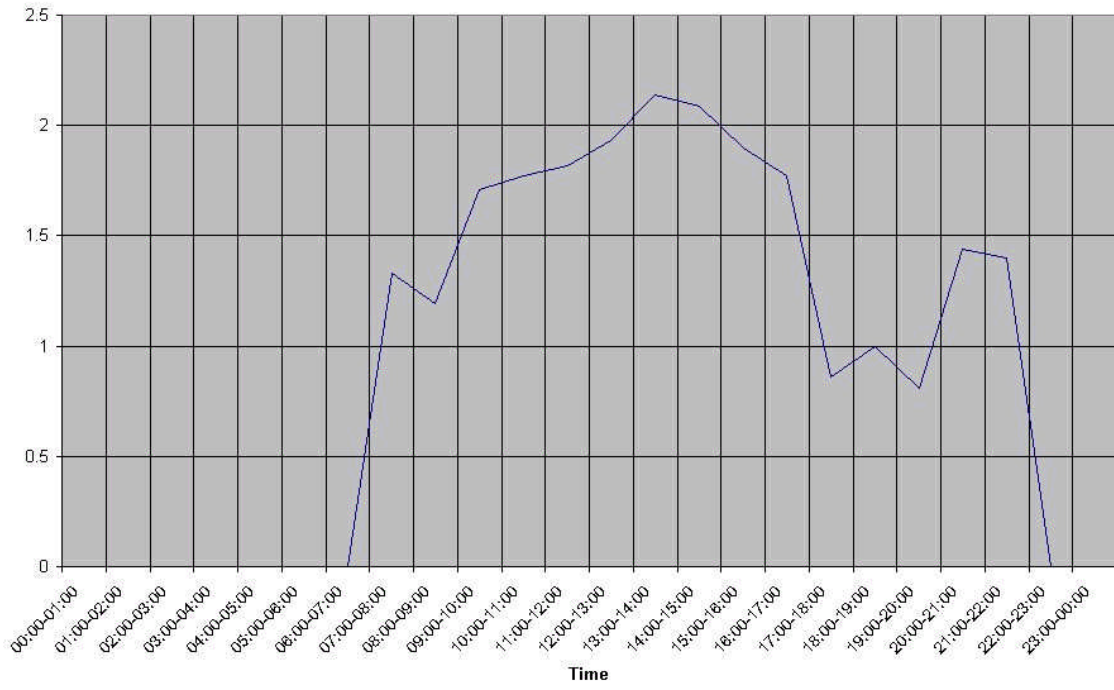
SPSS Net has been used for a total of 13434.6 hours.

We are currently charging \$0.12 per hour.

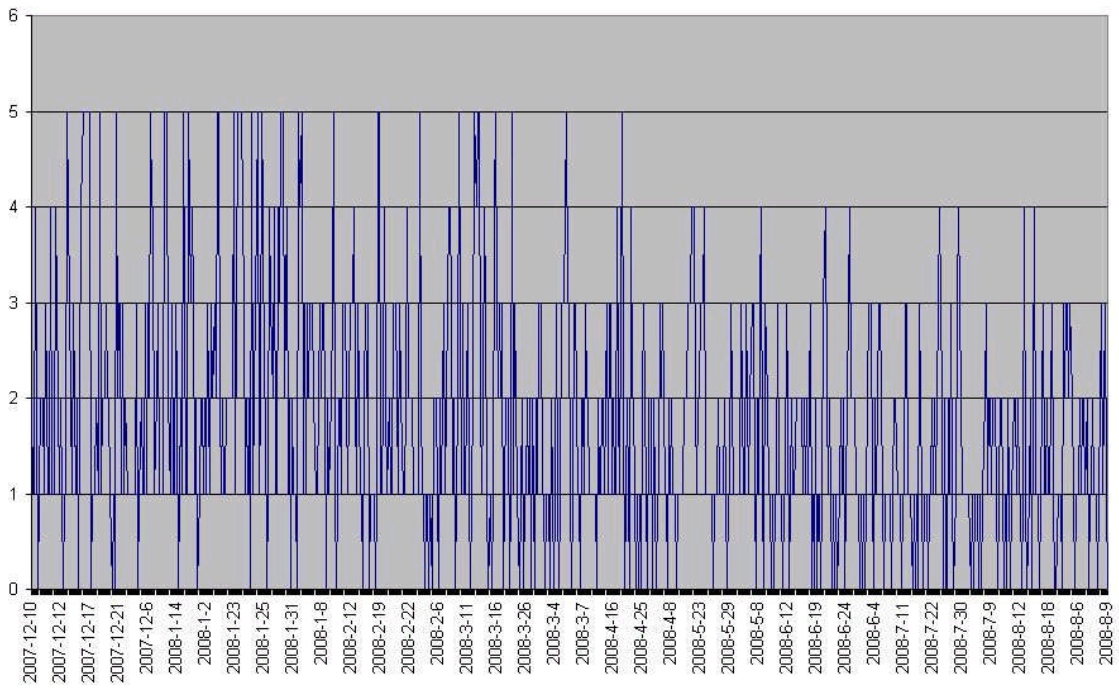




Average Concurrent Users (of 5 available licenses)



### SPSS Hourly Peak License Use



Colin Bryant  
Computer System Coordinator  
UBC, Dept. of Psychiatry  
Tel. 604-822-7374  
Fax. 604-822-7756

· For new Technical Support issues, please e-mail [PsychIT@exchange.ubc.ca](mailto:PsychIT@exchange.ubc.ca) or phone 604-827-5695 and please quote your computer's inventory number (front of towers or bottom of laptops) in correspondence.

· For A/V and Room requests please e-mail [psytbook@interchange.ubc.ca](mailto:psytbook@interchange.ubc.ca) or visit [http://www.psychiatry.ubc.ca/about/Room\\_and\\_Audio\\_Visual\\_Bookings.htm](http://www.psychiatry.ubc.ca/about/Room_and_Audio_Visual_Bookings.htm)

## Taking Stock: New Perspectives on Parenting

A Conference Examining What Parents Want, What Parents and Kids Need and the Implications for Policy, Programs and Research

Monday, September 29, 2008 at the Carriage House Inn, Windsor Ballroom - 9030 Macleod Trail S, Calgary  
8:00a.m. to 4:00p.m.

### Agenda

| Monday, September 29, 2008 |   |
|----------------------------|---|
| 8:00 a.m. to 8:30 a.m.     | Registration: Light breakfast buffet available  |
| 8:30 a.m. to 8:45 a.m.     | Introduction<br>Graham Clyne, Director, <i>The Calgary Children's Initiative</i>  |
| 8:45 a.m. to 9:30 a.m.     | <b>Vital Communities, Vital Support – How well do Canada's communities support parents of young children?</b><br>Dr. Carol Crill Russell, <i>Invest in Kids</i>   |
| 9:30 a.m. to 9:45 a.m.     | Question Period   |
| 9:45 a.m. to 10:15 a.m.    | Discussion Session  |
| 10:15 a.m. to 10:30 a.m.   | Break   |
| 10:30 a.m. to 11:15 a.m.   | <b>An Albertan Benchmark Survey: What Adults Know About Child Development</b><br>Dr. Suzanne Tough, <i>University of Calgary</i>  |
| 11:15 a.m. to 11:30 a.m.   | Question Period   |
| 11:30 a.m. to 12:00 p.m.   | Discussion Session  |
| 12:00 p.m. to 1:00 p.m.    | Lunch: Chat with associates and enjoy a great lunch   |
| 1:00 p.m. to 1:45 p.m.     | <b>The Importance of Healthy Early Childhood Development</b><br>Dr. Stuart Shanker, <i>The Milton and Ethel Harris Research Initiative, York University</i><br><br>Dr. Shanker will describe how the latest developments and understanding of healthy child development have important implications for those who work with and support parents. Given the critical role of parents in the development of life long cognitive, emotional, and social capacities, there is a pressing need to better align "what we do now" with "what we now know." |
| 1:45 p.m. to 2:00 p.m.     | Question Period   |
| 2:00 p.m. to 2:30 p.m.     | Discussion Session  |
| 2:30 p.m. to 2:45 p.m.     | Break   |
| 2:45 p.m. to 3:15 p.m.     | Synthesis of Group Discussions: Graham Clyne, <i>The Calgary Children's Initiatives</i>   |
| 3:15 p.m. to 3:30 p.m.     | Closing Comments and Evaluation   |

## Speaker Biographies



**Dr. Carol Crill Russell** is the Senior Research Associate at Invest in Kids. Dr. Crill Russell provides leadership to two major research initiatives. The Parenting Initiative is a large-scale project to develop and test The Parenting Partnership, an innovative prenatal and parenting program designed to ensure the best possible start in life for Canada's children by transforming the way we educate parents to acquire the skills they need for their most important role - raising a child. The Community Vitality Initiative is a multi-stage study of what parents want and need to be and feel supported in their parenting role.

Prior to her position at Invest in Kids, Dr. Crill Russell served for over a decade as the Senior Research and Policy Advisor for Children's Services in Ontario's Ministry of Community and Social Services. In that capacity she initiated and/or monitored population-based and intervention research on healthy child development, including the Ontario Child Health Study, the Better Beginnings, Better Futures Policy Research Demonstration Project, the evaluation of the CAP-C/CPNP program in Ontario, and the Family Restoration Demonstration Project.

Dr. Crill Russell has served as a member of a number of Canada's leading applied research projects, including the Advisory Group for the National Longitudinal Survey of Children and Youth, the Core Research Team for Ontario's Better Beginnings, Better Futures Project, the Directing Council of the Centre of Excellence on Early Child Development, the Expert Advisory Group for Evaluating Ontario's Healthy Babies, Healthy Children program and the expert Advisory Group for The Lawson Foundation's TLC-3 Project.

Dr. Crill Russell holds a B.A. in Psychology from Manchester College, a Master of Science in Sociology from Indiana University, and an M.S.W. and a Ph.D. in Social Work and Sociology from the University of Michigan.



**Dr. Suzanne Tough** is an Associate Professor with the Departments of Paediatrics and Community Health Sciences in the Faculty of Medicine at the University of Calgary, and an Adjunct Associate Professor with the Department of Obstetrics and Gynecology at the University of Alberta. She is also the Scientific Director of the Alberta Centre for Child, Family and Community Research, an organization whose vision is to improve child, family and community well-being through applied research. Dr. Tough's research program seeks to improve the health and well-being of women during pregnancy to achieve optimal maternal, birth and early childhood outcomes. Specifically, Dr.

Tough has research interests in the area of maternal and child health, preconception and prenatal care, low birth weight and preterm birth, delayed childbearing, and fetal alcohol spectrum disorders. The underlying aim of Dr. Tough's research program is to create evidence that informs the development of community and clinical programs and influences policy to optimize birth and childhood outcomes. She is a co-leader of an interdisciplinary research team (Preterm Birth and Healthy Outcomes) funded by Alberta Heritage Foundation for Medical Research.



**Shivani Rikhy** is the Associate Scientific Director at the Alberta Centre for Child, Family, and Community Research. Shivani received her Masters in Epidemiology and Public Health from Yale University and specialized in Social and Behavioural Sciences. She is currently involved in a research project that is examining Albertans' level of knowledge about child development and policy as well as parents' morale, parenting strategies, and information support systems.



**Dr. Stuart Shanker** is Distinguished Research Professor of Philosophy and Psychology at York University. He was educated at Oxford, where he obtained a First in PPE and won the Marian Buck Fellowship at Christ Church, where he obtained a First in a B Phil in Philosophy and a D Phil with Distinction in Philosophy. Among his awards are a Canada Council Doctoral Fellowship and Postdoctoral Fellowship; a Calgary Institute for the Humanities Fellowship; a University of Alberta Mactaggart Fellowship; an Iszaak Walton Killam Fellowship; and the Walter L. Gordon Fellowship at York University. He has received many grants, among them a \$5,000,000 grant from the Harris Steel Foundation to establish the Milton and Ethel Harris Research Initiative (MEHRI), a state-of-the-art cognitive and social neuroscience institute at York University.

Among his recent monographs are *Apes, language and the human mind* (with Sue Savage-Rumbaugh and Talbot Taylor, 1998); *Wittgenstein's remarks on the foundations of AI* (1998); *Toward a Psychology of Global Interdependency* (with Stanley Greenspan, 2002), *The First Idea* (with Stanley Greenspan, 2004), *Early Years Study II* (with J. Fraser Mustard and Margaret McCain, 2006) and *El rizoma de la racionalidad* (with Pedro Reygadas, 2007). He is the editor of several collections, among them *The Routledge History of Philosophy* (with G.H.R. Parkinson, 1994-2000); *Language, Culture, Self* (with David Bakhurst, 2001), *Ludwig Wittgenstein: Critical Assessments* (with David Kilfoyle, 2002), *Psychodynamic Diagnostic Manual* (a member of the PDM Steering Committee, 2006), and *Human Development in the 21<sup>st</sup> Century* (with Alan Fogel and Barbara King, 2008).

In addition to serving as Director of MEHRI, Dr. Shanker is currently Director of the Council for Human Development and Past President of the Council of Early Child Development. He is also Director of the Cuba-Mexico-Canada Research Initiative, an international, multi-disciplinary investigation into preventative mental health (funded by IDRC of Canada).



**Graham Clyne** joined United Way of Calgary and Area as Director, The Calgary Children's Initiative in June 2007. He has a MA in Public Policy and over 20 years of non-profit sector leadership experience most recently as Director of the Canadian Institute for Economic Evaluation. A published author and speaker with a special interest in children and youth, Graham is a past recipient of the Peter Drucker Award for Non-Profit Innovation.





# Plan to Attend

## TAKING STOCK: NEW PERSPECTIVES ON PARENTING

*A Conference Examining What Parents Want, What Parents and Kids Need  
and the Implications for Policy, Programs and Research*

Date: **Monday, Sept 29, 2008**

Time: **8:00 a.m. to 4:00 p.m.**

Location: **Carriage House Inn, 9030 Macleod Trail South, Calgary**

### SPEAKERS INCLUDE:

- **Dr. Carol Crill Russell**, with *Invest in Kids*, provides a national perspective on what parents want in terms of support in their role as parents.
- **Dr. Suzanne Tough**, with *The Alberta Centre for Child, Family and Community Research*, provides the provincial perspective on what parents and the public know about child development, where they access information and support and their level of satisfaction with those sources.
- **Dr. Stuart Shanker**, *Distinguished Research Professor of Philosophy and Psychology at York University*, talks about what children need from the adults who care for them in order to achieve optimal development.

Early bird special: \$100.00 if you register by September 15, 2008

Full price: \$125.00 for payment received after September 15, 2008

*Conference fees include continental breakfast and lunch.*

**Click here to register**



# HEALTHY MINDS ACROSS NORTH AMERICA

*An international day of free public forums on the progress and promise of mental health research.*

---

**Sunday, September 14, 2008**

*Presented by*

**NARSAD**

*The World's Leading Charity Dedicated to Mental Health Research*

*In partnership with*

**University of  
British Columbia**

*Location:*

UBC Life Sciences Centre  
Lecture Hall #3  
2350 Health Sciences Mall  
Vancouver

*Time:*

1:00 - 4:00 p.m.

**FREE** and **OPEN** to the public. Space limited; reservations recommended.

To RSVP, email [healthyminds@narsad.org](mailto:healthyminds@narsad.org)  
or call (800) 829-8289 / (516) 829-0091.  
Learn more at [www.narsad.org](http://www.narsad.org).

## Topics:

- Stressed and Depressed? Investigating the Role of Hormones, Stress & Their Impact on Mental Health
- Insights Into the Neurobiology of Schizophrenia
- Bipolar Disorder: A Mystery Waiting to Be Solved

## Presenters:

Liisa Galea, Ph.D.

Professor of Psychology; Michael Smith Senior Scholar; Distinguished University Professor, Department of Psychology

Jeremy Seamans, Ph.D.

Associate Professor, Department of Psychiatry & The Brain Research Institute

Lakshmi N. Yatham, MBBS, FRCPC, MRCPsych (UK)

Professor of Psychiatry; Associate Head, Research & International Affairs, Department of Psychiatry

## Moderator:

Allan Young, M.D., M.B., Ch.B., MPhil, Ph.D., FRCPC

Co-Director, UBC Institute of Mental Health;  
Chair in Depression Research

---

*NARSAD works to alleviate suffering from mental illness by raising funds for scientific research on the causes, treatment and prevention of such conditions as schizophrenia, depression, bipolar disorder, anxiety disorders, and childhood mental disorders — all with the goal of finding cures.*