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#1. CME event on psychosocial treatments for bipolar disorder -
- Reminder - Registration Deadline March 1, 2008

From: Erin Michalak [mailto:erinmichalak@gmail.com]

There are just 3 days remaining until the registration deadline for the CREST.BD/CANMAT CME event 'Psychosocial Treatments for Bipolar Disorder'.

The event will review evidence-based psychosocial treatments for BD via a series of talks from international experts in the field and interactive workshops providing training in treatments such as psychoeducation and cognitive behaviour therapy (CBT). Speakers include:

- Dr. Sagar Parikh, University of Toronto
- Dr. Allan Young, UBC
- Dr. Greg Murray, University of Melbourne
- Victoria Maxwell, Crazy for Life Company
- Dr. Sheri Johnson, University of Miami
- Dr. Jehannine Austin, UBC

Workshops are filling fast! Please see the attached information sheet for further registration details.

Sincerely,

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MSFHR Scholar & CIHR New Investigator
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#2. Department IT Help Desk - Making it efficient for you

To support our computer users in Detwiller, Koerner, Purdy, Strangway and Diamond buildings, we have created a help desk. Having a single point of contact and records system makes it more efficient to help us

find, analyze and resolve common computer problems. Providing your computer's inventory number (see label on front of towers or bottom of laptops), when requesting support, will speed the process.

Because the help desk is always staffed (regardless of illness, vacation, etc.), contacting the help desk is the most efficient manner for you to get IT support. Contacting individuals directly for IT support will only delay your request unless they have been already working on resolving your computer problem.

For efficient computer support, please contact our help desk at:

Phone: 604-827-5695
OR E-mail: PsychIT@exchange.ubc.ca

Remember to include your inventory number when you call!

Thanks,

IT Technical Support Team
UBC, Dept. of Psychiatry