

This issue of the Communications Bulletin includes the following items:

1. [Position Opportunity -- Associate Dean, Graduate & Postdoctoral Education, Faculty of Medicine](#)
2. [ANNOUNCEMENT / CALL TO ACTION :: New Healthy Workplace Initiatives Program Fund | Deadline for applications :: Sept 30/08](#)
3. [Changes in Capital and Endowment Accounting](#)
4. [Developmental Disabilities and Mental Health Conference in September.](#)
5. [HPP Seminar Promotion](#)

1. Position Opportunity -- Associate Dean, Graduate & Postdoctoral Education, Faculty of Medicine

Please find attached the position advertisement for **Associate Dean, Graduate & Postdoctoral Education** in the Faculty of Medicine.

http://www.med.ubc.ca/_shared/assets/Associate_Dean_Graduate_and_Postdoctoral_Education6169.pdf

I would be grateful if you would bring this opportunity to the attention of members in your respective areas.

2. ANNOUNCEMENT / CALL FOR PROPOSALS HSE Launches new Healthy Workplace Initiatives Program Fund

As part of UBC's *Focus on People* framework, a **Healthy Workplace Initiatives Program Fund** has been created to support healthy workplace initiatives and practices. The Department of Health, Safety, and Environment invites all departments/units to submit funding proposals. Total funding allocation is \$100,000 and will be awarded in two \$50,000 funding cycles. The application deadline for the first funding cycle is September 30, 2008. The second application deadline is February 28, 2009.

Everyone has a role in creating a healthy workplace – we encourage all UBC staff and faculty to motivate your departments/units to partake in this opportunity. For funding criteria and information, including the application form, please visit

http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_healthy_workplace.htm

If you have any questions about this fund, or would like to submit a proposal, please email Harro Lauprecht, Manager, Health Promotion Programs Unit at lauprecht@hse.ubc.ca.

This program is an initiative of UBC's people practices, *Focus on People*. For more information about *Focus on People*, visit <http://www.focusonpeople.ubc.ca>.

3. Changes in Capital and Endowment Accounting

Please be aware of two changes implemented in Financial Reporting in the areas of capital (interest accruing on major capital projects) and endowments (capitalization). For more information on these changes, please visit our Finance website at: <http://www.finance.ubc.ca/financialreporting/index.cfm> - What's New in Financial Reporting?

Should you have any questions on interest accruing on capital projects, please contact any of the following: Finance (Ian Burgess, Andrew Glynn, Allison See) and Treasury (Byron Braley, Peter Smailes, Clint Meyers).

Should you have any questions on endowment capitalization, please contact any of the following: Ian Burgess, Andrew Glynn, Allison See, Yanzhi Hu.

4. Developmental Disabilities and Mental Health Conference in September.

Please see the **attachment** for information regarding a conference in September on Developmental Disabilities and Mental Health.

5. HPP seminar promotion

Health Promotion Programs (Department of Health, Safety and Environment) invites the UBC community to improve their health with help from monthly free seminars for faculty and staff.

Please mark your calendars. The 2008 Health Symposium – A Healthy Footprint – will be held October 15, 2008 at the UBC Chan Centre. More details coming soon.

What do bears, tigers, monkeys, deer, and cranes have in common? Come find out by exploring this ancient Chinese exercise system. [More...](#)

Where does cholesterol come from? How can it harm you? Are you at risk? Find out the answers to these questions and more at our cholesterol and metabolic syndrome seminar. [More...](#)

Similar to CPR, mental illness first aid is meant to reduce harm and save lives in those individuals who are living with an untreated mental illness. Pick up this lifesaving skill at our two-day workshop. [More...](#)

Health screening is for everyone – the fit and the unwell. Receive a free personal health risk assessment and get your blood pressure, pulse, and total blood cholesterol tested. [More...](#)

Please visit the [Health Promotion Programs website](#) for seminar updates.

UBC's Health Promotion Programs is actively involved in the creation of a safe community that encourages employee health and supports the University's vision as expressed in TREK 2010.

<Text only version>

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http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#animal
3. Where does cholesterol come from? How can it harm you? Are you at risk? Find out the answers to these questions and more at our cholesterol and metabolic syndrome seminar.
http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#cholesterol
4. Similar to CPR, mental illness first aid is meant to reduce harm and save lives in those individuals who are living with an untreated mental illness. Pick up this lifesaving skill at our two-day workshop.
http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#mental
5. Health screening is for everyone – the fit and the unwell. Receive a free personal health risk assessment and get your blood pressure, pulse, and total blood cholesterol tested.
http://www.hse.ubc.ca/health_promotion/wellness_initiatives/initiatives_index.htm#cardio

Health and Wellbeing in Persons with Intellectual/Developmental Disabilities

Children, Youth and Adults

***Pre-Conference Workshops
September 24, 2008***

***Conference
September 25 & 26, 2008***

The Coast Plaza Hotel and Suites
1763 Comox Street, Vancouver

Sponsored by



Interprofessional Continuing Education
UNIVERSITY OF BRITISH COLUMBIA

in cooperation with



Conference Information Online:
www.interprofessional.ubc.ca

GENERAL INFORMATION

Description

Children, youth and adults with Developmental Disabilities (DD) experience high rates of both health and mental health concerns. These impact significantly on quality of life of the individual concerned as well as their families, caregivers and the community.

British Columbia has closed its institutions for individuals with DD, but the struggle to develop quality specialized services where appropriate, as well as ensuring access to generic health services continues. This conference will provide education and informative updates on psychiatric, behavioural and complex health components specific to individuals with DD, and showcase best practices in the field. Specifically the conference will focus on topics such as Epilepsy; Aging in Down Syndrome; Overeating and Obesity in Prader Willi Syndrome; Autism Spectrum Disorders; Sexual Health; Self Injurious Behaviour (SIB) and other challenging behaviours as well as 'co-morbid health conditions' such as dysphagia, pain and mobility issues.

Objectives

- To educate people to recognize the inter-relatedness of physical and mental health
- How to maximize health in order to minimize disability
- Understanding health and mental health aspects of Developmental Disability
- Share knowledge and common experiences with other professionals working in the field of health

Who should attend

The conference will be of interest to an interdisciplinary audience including:

Administrators	Families	Psychiatrists
Behaviour Therapists	Interdisciplinary teams	Psychologists
Caregivers	Mental Health Therapists	Researchers
Case Managers/Planners	Nurses	Self-Advocates
Counselors	Occupational Therapists	Social Workers
Direct Service Professionals	Physical Therapists	Students in Health Sciences
Educators	Physicians	University and College Programs

And anyone who is interested in or who works in the field of Mental Health and Developmental Disabilities.

Location and Hotel Information

The Coast Plaza Hotel and Suites, 1763 Comox Street, Vancouver, BC, Canada V6G 1P6

Tollfree in North America: 1-800-663-1144; or (604) 688-7711. Fax: (604) 685-7210

Please make your own reservation by calling the hotel directly. Identify yourself with the **Health & Well-being conference**. Hotel tax of 10% and 5% GST must be added to all rates.

Rates: \$169 single, double or twin occupancy; additional person \$20, children under 18 stay free in same room as parents (max. applies). A block of rooms will be held at the conference rate until **August 25, 2008**. The Coast Plaza is within easy walking distance of world famous Stanley Park, the beaches of English Bay, and a wide variety of restaurants.

Parking: Conference Hotel: \$12 per day. West End Community Centre, 870 Denman (entrance off Haro) \$4.50 - \$5.00 per day (\$1 coins accepted)

Registration

You may register online at www.interprofessional.ubc.ca, by telephone or fax using a credit card for payment, or by mail with a cheque or credit card payment. Please see registration form for further details.

Pre-registration prior to August 31, 2008 is strongly recommended to ensure you receive all conference materials.

Tuition Fees

See Registration Form for more details. The tuition fee includes conference materials, refreshment breaks, two lunches, and the reception. **Bursary Available:** A limited number of bursaries to cover tuition fees are available for service providers and family members through a grant being provided by the Ministry of Children and Family Development. Please fax a complete registration form, along with a letter explaining financial need and how attending this conference will benefit you, to (604) 822-4835.

Charge-by-phone/fax: To charge by phone (Mastercard and Visa only), please call: Toll free within BC 1-877-328-7744, Other callers: (604) 822-6156; or fax your completed registration form to: (604) 822-4835.

Refund and Cancellation Policy

Refunds will be made (less a \$50 processing fee) if written notice of withdrawal is received by August 31, 2008. No refunds will be granted for withdrawal after that date.

Interprofessional Continuing Education reserves the right to cancel or move this program if registration is insufficient. In the event of cancellation, a refund less a \$50 handling charge will be returned.

Exhibitors

Health associations and/or community organizations wanting to exhibit at this conference, please contact the organizers at (604) 822-0054 or by email: ipconf@interchange.ubc.ca

Professional Credits/ Certificate of Attendance

A Certificate of Attendance will be prepared for all participants listing hour for hour instruction. All participants attending will be given a certificate stating that the conference involves 19 hours of educational instruction. Specialized credits have been applied for from several professional organizations. Please refer to our website for updates: www.interprofessional.ubc.ca

UBC Interprofessional Continuing Education is approved by the Canadian Psychological Association to offer continuing education for psychologists. UBC Interprofessional Continuing Education is approved by the National Board of Certified Counselors (Approved Continuing Education Provider #6252).

Contact Information

For questions regarding the conference program, registration or other matters, please contact Interprofessional Continuing Education at (604) 822-6156, Fax: (604) 822-4835 or email: liau@interchange.ubc.ca

Health and Wellbeing in Persons with Intellectual/Developmental Disabilities

Children, Youth and Adults

WEDNESDAY, SEPTEMBER 24, 2008
PRE-CONFERENCE HALF-DAY WORKSHOPS

You can register for ½ day workshop in the morning and for a ½ day workshop in the afternoon. Please mark your preference(s) on the registration form attached to this brochure.

8:00am Registration

MORNING WORKSHOPS
9:00 – 12:30

AM1) Supporting People with Difficult Behaviours

Presenter: David Pitonyak, PhD; Director, Imagine, Blacksburg, Virginia

Difficult behaviors result from unmet needs. This workshop examines seven quality of life indicators that are often missing in the life of a person who experiences our services. Based on the idea from Jean Clarke that a person's needs are best met by people whose needs are met, this ½ day workshop examines strategies for supporting not only an individual who experiences disabilities but also the needs of his or her caregivers.

Objectives

At the conclusion of the workshop, participants will have developed knowledge in the following areas:

- Determining what people may be communicating through their difficult behaviors;
- The role of physiological or psychiatric needs in the development of difficult behaviors
- The importance of asking critical quality of life questions in building a support plan;
- The critical importance of addressing caregiver needs in the development of a support plan;
- Ways to support an individual in crisis.

AM2) A Clinical Approach to Helping Adults with Asperger's Disorder

Paul Dagg, MD FRCPC; Clinical Director, Tertiary Mental Health Services, Interior Health Authority; and Clinical Associate Professor, Department of Psychiatry, UBC, Vancouver, BC.

This workshop will review a clinical approach to individuals with Asperger's in adulthood. The role of diagnosis, identification of co-morbid conditions will be described. Video and case presentation will be used to illustrate this. A comprehensive approach to management utilizing psycho-education, vocational rehabilitation and speech therapy and medication will be presented for discussion by the audience.

12:30 – 1:30 Lunch (provided) & Afternoon Registration

AFTERNOON WORKSHOPS
1:30 – 5:00

PM1) Psychopharmacology In Developmental Disabilities & Autism Across the Life Span

Bryan King, M.D., PhD.

Debbie Thompson

Lee Tidmarsh

Description to Follow.

PM2) Breaking the Cycle of Sexual Abuse: Treating Victims and Offenders

Margaret Newbury-Jones, M.Ed. (SHADE Consulting Ltd)

Peter Johnson, Ph.D. (Petrona Services Ltd)

This workshop will explore the issues of sexual abuse in people with developmental disabilities. Topics will include vulnerability and prevention, treatment of victims, community responses, and programs for offenders. Stories of successes and challenges will be presented. Participants should expect to be actively involved in this workshop.

**8:00 Registration and Coffee
(Exhibits Open)**

8:30 Welcome

Robin Friedlander (Conference Co-Chair); Psychiatrist; Clinical Director, DDD/MHS- Fraser and Vancouver; Clinical Associate Professor, UBC, BC Children's Hospital, Neuropsychiatry; Vancouver, BC

8:35 Opening Remarks

**8:40 How Much Progress in
Developmental Disabilities:
A 45-Year Perspective**

Roger Freeman, MC FRCPC; Professor Emeritus, Dept. of Psychiatry, UBC; Clinical Head, Neuropsychiatry Clinic, BC Children's Hospital

9:25 Q & A

**9:30 History & Future Prospects for
Psychopharmacology in Intellectual
Disabilities**

Bryan King, MD, PhD; Professor and Vice Chair of Psychiatry and Behavioural Sciences, Director of Child and Adolescent Psychiatry, University of Washington and Children's Hospital and Regional Medical Center, Seattle, WA

10:25 Q & A

**10:30 Refreshment Break
(Exhibits Open)**

**11:00 CONCURRENT SESSION A
(11:00 – 12:30 A.M.)**

**A1) Alcohol, Drugs and Disability: Making the
Connection**

Barbara Ludwig, Program Developer and Clinician, Life College by CH&S, Community Homes and Services, Inc.; International Outreach Coordinator, National Association on Alcohol, Drugs and Disability, California, USA

This presentation and discussion is for participants of all clinical and non-clinical backgrounds. After viewing the poignant and articulate videotaped testimony of a developmentally disabled woman's experiences with substance abuse, homelessness and recovery, we will discuss risk factors specific to people with intellectual disabilities and the growing service needs in this underserved population. Assessment tools anyone can utilize, standard treatment options (pros and cons) and demonstrated elements of successful specialized preven-

tion, intervention and treatment will be presented and discussed.

**A2) Elgin Family Intervention Model:
A program that cares for those who care**

Teresa Grech, (Master's candidate, CPRP); Developmental Disabilities Mental Health Services, Youth Tea, Counsellor/Educator, Port Coquitlam, BC

Flora Johnson, R.P.N., BA; Developmental Disabilities Mental Health Services, Mental Health Nurse, Port Coquitlam, BC

The Elgin Family Intervention Model (EFI) is a program developed to help families cope with distress often experienced by caregivers supporting a person with a developmental disability and mental illness (Knox et al, 2000). The model encompasses the provision of education to caregivers in the areas of: (1) developmental disabilities and mental illness, 2) caregiver distress, 3) resources, 4) advocacy, 5) problem solving and, 6) coping. This presentation will include an overview of the rationale behind the development of the EFI model, followed by a detailed outline of interventions utilized to respond to, and support, the range of difficulties experienced by caregivers. Participants will gain a deeper understanding of the needs of families supporting individuals with a developmental disability and mental illness, and be more equipped with specific ways to address these needs.

**A3) Taught Not Caught! Frontline Education
Approaches And Considerations in
Addressing Complex Sexual Issues**

Susan Mayson, Mental Health Clinician, Developmental Disabilities Mental Health Services; and Clinic Coordinator, Interior Health Children's Assessment Network, Interior Health Authority, Cranbrook, BC

How professionals and caregivers feel about people with developmental disabilities expressing themselves sexually is very influential in the self-concept of individuals and how they view their own sexuality. This presentation will address teaching strategies in the delivery of respectful education in both formal and informal settings as well as key considerations in tackling the more challenging sexual issues.

**A4) The Fragile X Continuum: New Advances
and Implications for Clinical and
Educational Interventions.**

Kim Cornish, PhD, Canada Research Chair, Professor, and Director, McGill Child Laboratory for Research and Education in Developmental Disorders.

Fragile X syndrome is the world's most common hereditary cause of intellectual delay in males and to lesser extent females. The disorder is caused by the silencing of a single gene on the X chromosome, the Fragile X Mental Retardation Gene – 1 (FMR1). A substantial body of research across the disciplines of molecular genetics, child psychiatry and developmental psychology bears testament to a decade of exciting and innovative science that has advanced our knowledge about the fragile X 'signature' and its impact across the lifespan. This presentation will describe the fragile X syndrome and

premutation involvement in the context of current advances that demonstrate the dynamic nature of the genotype on phenotypic outcomes. The implications of these recent advances for the development of clinical and educational interventions and resource tools that target specific phenotypic "signatures" within the fragile X continuum will be highlighted.

A5) Assessing and Managing Disturbed Sleep Associated with Developmental Disabilities

Jonathan Fleming, MD; Co-Director, Sleep Program, University of British Columbia Hospital, Vancouver, BC

Sleep disturbances are common amongst patients with developmental Disabilities and their carers. Although there have been more studies (both subjective and objective) in this patient population recently, the principles of management are adopted and adapted from other patient populations. This presentation reviews the principles of sleep regulation, behavioural strategies to promote sleep and reviews what is known about effective treatments for this patient population.

A6) Psychosis in Youth with Developmental Disorders

Robin Friedlander, Conference Co-Chair; Psychiatrist; Clinical Director, DDDMHS- Fraser and Vancouver; Clinical Associate Professor, UBC, BC Children's Hospital, Neuropsychiatry; Vancouver, BC

Tina Donnelly, Manager Health Services, Developmental Disabilities Mental Health Services – Fraser Health Authority, Port Coquitlam, BC
Joseph Klancnik

12:30 Luncheon (sandwich sales available)

1:30 CONCURRENT SESSION B (1:30 – 3:00 PM)

B1) Prader Willi Syndrome: Promoting Health and Wellbeing through Environmental Supports

Robin Friedlander, Conference Co-Chair; Psychiatrist; Clinical Director, DDDMHS- Fraser and Vancouver; Clinical Associate Professor, UBC, BC Children's Hospital, Neuropsychiatry; Vancouver, BC

Rita Di Gagni, M.Ed., Behavioural Consultant, private practice

Prader Willi Syndrome (PWS) is a neurobehavioural genetic disorder characterized by many medical and behavioural complications, including hyperphagia and a constant sense of hunger due to an inability to feel full. Life for the person with PWS can be frustrating, stressful and anxiety producing. This presentation will discuss a variety of environmental supports which may help decrease this stress and anxiety, provide a sense of security, and promote health and wellbeing.

B2) Epilepsy 101. A Workshop for Those Supporting Patients with Epilepsy

Michael Jones, Neurologist, Vancouver General Hospital and Clinical Associate Professor, Faculty of Medicine, University of British Columbia, Vancouver, BC

Epilepsy is very common in Canada; a new patient is diagnosed every 37 minutes. Epilepsy is much more prevalent in those patients with mental/cognitive disability, Cerebral palsy, and autism. This workshop will touch on some of these unique problems that you will encounter. Some video examples of different seizure types will be shown. One will learn more about the "causes of epilepsy". The myths and misconceptions of anti-epileptic medications will be discussed and reviewed plus we will review a "seizure protocol".

B3) Moving on: Wheelchairs for living (not just for sitting)

Jo-Anne Chisholm, MSc; Occupational Therapist, Access Community Therapists Ltd., Vancouver, BC

People were meant to move and a well prescribed wheelchair and seating system can make the difference from being stuck in a health-care institution or group home living room to leading a full and active life at home, in the neighbourhood or traveling. Wheelchairs-power and manual; independently propelled or caregiver powered; able to turn on your stereo, open your front door and answer your phone... Participants will be shown a range of innovative positioning and mobility solutions to help them become informed consumers of wheeled mobility and learn what is possible.

B4) The Path to Self-Advocacy

Donna Murphy and Gladys Duran

Gladys Duran and Donna Murphy have a long and special relationship. They met when Gladys joined Donna's special education class at Guildford Park Secondary school. Gladys is now a twenty-three year old woman who lives with a dual diagnosis. It has always been important to Donna to encourage her students to be self-advocates. As a helping teacher in Surrey Donna encouraged her colleagues to promote independence and self advocacy in their students from a very young age.

This workshop will be presented by Donna and Gladys, and is from a professional point of view, as well as from the young person who lives with the disability. It gives ideas on how to encourage independence in children and youth, beginning with preschool to adult community living. Gladys speaks from the point of view of a youth who lived with a serious mental illness, while dealing with family and friend who did not understand how someone with an intellectual disability could become so ill. This workshop will show that anything is possible if a person has the right support and encouragement. Gladys' success story is that she now has a paid position at Semiah-moo House Society as a self-advocate and peer advisor.

B5) From the Perspective of Caregivers: Getting From No to Go in Behaviour Therapy

Mark Weinberg, PhD; Team Leader, Behavioural Services, Developmental Disabilities Mental Health Services, Burnaby,

BC caregivers supporting people living with developmental disability, whether family or paid, often carry the role of change-agents in the behaviour therapy process. That is, these people are usually responsible for the implementation of interventions suggested by clinicians. For this reason, obtaining caregiver input and cooperation is crucial to the success of most behavioural plans. In this presentation, we will discuss some barriers to building effective working alliances with caregivers, with an emphasis on trying to see ourselves (as behavioural and mental health professionals), our methods and our expectations from the perspectives of caregivers. This will be followed by an outline and discussion of suggestions for working more effectively and empathetically with caregivers. Please note: While this presentation ostensibly targets behaviour therapists, it will be of interest to all mental health and medical professionals working with people living with developmental disabilities. The attendance of caregivers and family members would be particularly appreciated as this would add great value to the discussion.

B6) Medical Conditions Associated with Autism Spectrum Disorders

Lee Tidmarsh, Psychiatrist, Fraser Health Authority; Developmental Disabilities and Mental Health Services, Vancouver, BC

Autism spectrum disorder (ASD) is a common neurodevelopmental disorder with a prevalence rate of 1/250. Behaviours usually associated with this condition can be misinterpreted and may represent a previously undetected medical condition. This presentation will outline problems associated with ASD requiring medical attention, and will give guidelines on identifying these conditions. There will also be a practical discussion of how to approach an investigation and implement management/treatment within a general practice. This presentation will be useful for caregivers, primary care health professional and specialists caring for people with ASD.

2:30 Q & A

3:00 Refreshment Break (Exhibits Open)

3:30 CONCURRENT SESSION C (3:30–5:00 P.M.)

C1) Pain in Children with Developmental Disabilities

Tim Oberlander, MD, FRPC; Professor, Division of Developmental Pediatrics, University of British Columbia

Pain assessment and treatment in individuals with developmental disabilities is complex and confounded by many aspects of the underlying condition, its sequelae and pain treatment itself. While pain may be a frequently encountered clinical problem, this topic is only now receiving scientific and public attention. The presence of a neurological impairment changes the nature of pain perception, the pain response, the language used to express pain and may even challenge our very understanding of pain itself. The subjective and ambiguous nature of pain expression in this setting may lead to inappropriate recognition and under-treatment of pain. Emerging work is now dis-

pellating beliefs of pain insensitivity and indifference. In this session we will discuss pain in children with developmental disabilities, review misconceptions and systematic evidence of the nature of pain experienced by individuals with diverse impairments. Particular presentations will focus on pain in populations with cognitive (self-injurious behavior), social (autism) and motor (cerebral palsy) impairments. We will examine novel assessment strategies and instruments appropriate to this setting and describe current pain management strategies. An interactive discussion with participants will follow to help move this emerging field forward.

C2) The Link Between Self-Injurious Behaviors and Arousal

Kim Barthel, BRM; Occupational Therapist, Labyrinth Journeys

Individuals engaging in self-injurious behaviors frequently possess challenges in the way their brains process and organize sensory, affective and cognitive information. As a result of poorly modulated arousal, clients may be limited to maladaptive strategies as they attempt to interact with their environment. Introductory treatment suggestions will be offered to assist clinicians with the intervention of self-injurious behaviors from a cognitive, affectual and sensory approach.

C3) Aging in People with Developmental Disabilities

Presenter: Lilian Thorpe MD, PhD, FRCP (Psychiatry); Professor (Clinical) Psychiatry, University of Saskatchewan; Chair, Section on Geriatric Psychiatry, Canadian Psychiatric Association

This session will be a case-based presentation of aging issues in people with intellectual disabilities. Participants are welcome to bring their own cases for discussion as well.

C4) Specialized Services: Where We Need Them? Ontario vs. British Columbia

Susan Morris, Clinical Director, Dual Diagnosis Program Centre for Addiction and Mental Health, Toronto, ON

Robin Friedlander, Psychiatrist; Clinical Director, DDDMHS- Fraser and Vancouver; Clinical Associate Professor, University of British Columbia; BC Children's Hospital, Neuropsychiatry; Vancouver, BC

In BC and Ontario, specialized mental health services to individuals with a dual diagnosis have evolved over the last 2 decades as a result of new directions and changes in policy and practice across the health and developmental sectors. Ontario has a history of inpatient and outpatient specialized dual diagnosis services within psychiatric hospitals, whereas in BC, specialized services have evolved almost exclusively in the community. There are no specialized beds within the Health sector. Strengths and weaknesses of dual diagnosis provisions in each province will be outlined, with specific reference to inpatient services. The presentation will be followed by a lively discussion.

C5) Think Mitochondria

Margaret O'Riley, RN, BScN, MA (Adult Ed)
Metabolic Nurse Educator, Vancouver General Hospital

Mitochondrial disease is estimated to affect 1 in 8500 British Columbians, yet it remains one of the most unknown diseases to public and health care practitioners alike. It can present in a myriad of ways, affecting virtually every body system, at any time of life. The goal of this presentation is to raise awareness about mitochondrial disease and its presentation, and to discuss the possible implications in the developmentally delayed population, diagnosis, symptom management and genetic implications for family members.

C6) Effective Practices in Behavioural Supports

Panel Moderator: Paula Grant, Director, Quality Assurance, Community Living BC, Vancouver, BC

David Pitonyak, PhD; Director, Imagine, Blacksburg, Virginia

Trevor Hurwitz and Doug Lee

This workshop will focus on translating principles into non-restrictive action when working with individuals whose behaviours challenge those who support them. Strategies to reduce or eliminate the use of restraints, seclusion and exclusionary time-out will be reviewed in the context of community capacity and practice including access to and involvement of professional behavioural consultants and health care practitioners. The distinction between a 'behavioural support plan' and a 'safety plan' will be outlined.

Starting with the assumption that difficult behaviours result from some form of unmet needs, the speakers will discuss the essential elements of supporting individuals in avoiding crises as well as during and following a crisis.

Topics to be covered will include practical responses to challenging circumstances; the role of physiological and emotional issues in a person's behaviour; aspects of planning and developing a continuum of positive behavioural support interventions; distinguishing the use of medications to support ongoing health vs. 'chemical' restraints and best use of informal and professional response.

5:00 Networking Wine & Cheese Reception

FRIDAY, SEPTEMBER 26

8:00 Registration & Exhibits Open

8:30 Welcome

Brian Plain (Conference Co-Chair), M.D., Medical Consultant, BC Health Authorities; Public Guardian and Trustee, BC Association for Community Living, Victoria, BC

Paula Grant, Director, Quality Assurance, Community Living BC, Vancouver, BC

8:45 The National Mental Health Commission—Opportunities for

Dual Diagnosis

Susan Morris, Clinical Director, Dual Diagnosis Program Centre for Addiction and Mental Health, Toronto, ON

9:35 Q & A

9:45 Medical Problems and Healthcare Across the Lifespan

Leslie Rubin MD, President, Institute for the Study of Disadvantage and Disability; Medical Director, TEAM Centers and Developmental Pediatrics Specialists; Co-director, Southeast PEHSU, Emory University Visiting Scholar, Department of Pediatrics Moorehouse School of Medicine, Atlanta Georgia

10:25 Q & A

10:30 Refreshment Break (Exhibits Open)

11:00 CONCURRENT SESSION D (11:00 – 12:30PM)

D1) Practice Guidelines for Mental Health and Addiction Services for Children, Youth and Adults with Developmental Disability

Caron Byrne, Consultant Senior Psychiatrist, Developmental Disability Mental Health Team – VIHA; Clinical Assistant Professor, Department of Psychiatry, Faculty of Medicine, The University of British Columbia, Vancouver, BC

Randy James, Manager, Developmental Disability Mental Health Services and Children's Assessment Network, Interior Health Authority, Kelowna, BC

Title and description still needed...

D2) How Individuals with Down Syndrome Understand the World Around Them: New Evidence from Cognitive Neuroscience

Naznin Virji Babul

The ability to understand the intentions of others and to imitate actions is a central component of human social cognition. These abilities are essential for social interactions and are thought to be dependant on a number of different mechanisms including visual and perceptual-motor processing. Many individuals with Down Syndrome have difficulties in this area. I will review recent evidence from behavioural and neuroimaging studies to highlight the specific nature of these difficulties and discuss how intervention must be adapted to facilitate learning in this population.

D3) The Psychiatry of Autism

Vikram Dua, *Child and Adolescent Psychiatrist; Assistant Clinical Professor, University of British Columbia; and Co-Director, Provincial Autism Resource Centre, and BC Autism Assessment Network, Vancouver, BC*

This presentation will outline the psychiatric syndromes frequently present in children and youth with ASD. Accurately identifying these psychiatric syndromes is very relevant to understanding the complex profiles of these children and youth. Appropriate treatment of mental health conditions – which can include both psychotherapy and medications – often results in substantial improvements in functioning and development. A review of the unique symptoms and treatment needs of specific disorders such as ADHD, anxiety, OCD, Tourette's syndrome and mood disorders will be provided.

D4) The Genetic Diagnosis of Intellectual Disabilities: It's Impact on the Medical Care and Functional Needs of an Individual

Elena Lopez, MD, MSc, FRCPC, FCCMG, *Clinical Geneticist, Developmental Pediatric Fellow, Sunny Hill Health Centre For Children, BC Children's Hospital, Vancouver, BC*

The aim of this session is to review the value of a genetic diagnosis in an individual with intellectual disabilities (ID). We will discuss how each specific diagnosis can provide the individual, their families and their health care team with information regarding their anticipatory medical care, developmental, mental health and functional needs.

D5) GI

Leslie Rubin MD, *President, Institute for the Study of Disadvantage and Disability; Medical Director, TEAM Centers and Developmental Pediatrics Specialists; Co-director, Southeast PEHSU, Emory University Visiting Scholar, Department of Pediatrics Moorehouse School of Medicine, Atlanta Georgia*

D6) "I'm Not Brain Injured: I'm in Brain Transition!"

Michelle Oucharek-Deo, BFA, BCATR; *Registered Art Therapist, Developmental Disabilities Mental Health, Van-Art Expression*

Brina Deo, BMT, MTA; *Accredited Music Therapist, SD#44 North Vancouver, Van-Art Expression*

Paul Buonassisi, BA; *Musician*

Eleven years after a life altering car accident that resulted in a severe head trauma, Paul Buonassisi fought his way back, defeated the odds, and rekindled his love of music. After 9 years of intense art and music therapy, Paul's life long passion for the piano can be heard again. You will see images of his journey and hear him play his heart out for you in this impassioned and exciting presentation of courage, pure heart and determination.

12:30 Lunch (provided)

1:30 Plenary Panel: Myths, Legalities and Realities of Consent And Adult Guardianship

Caron Byrne, *Consultant Senior Psychiatrist, Developmental Disability Mental Health Team – VIHA; Clinical Assistant Professor, Department*

of Psychiatry, Faculty of Medicine, The University of British Columbia, Vancouver, BC

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People with developmental disability, of all ages, may need support to make health care decisions or may need substitute decision makers, temporarily or on a permanent basis. This may sound straight forward, but on a day to day basis this remains challenging especially for those that do not have active and involved family. A review of current consent guardianship laws in BC and discussion of positives, pitfalls and gaps will be addressed.

3:00 Stretch Break

3:15 Closing Remarks

Susan Morris, *Clinical Director, Dual Diagnosis Program Centre for Addiction and Mental Health, Toronto, ON*

David Pitonyak, PhD; *Director, Imagine, Blacksburg, Virginia*

3:45 Prize Draw

4:00 Adjourn & Evaluation

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A limited number of bursaries to cover tuition fees are available for service providers and family members through a grant being provided by the Ministry of Children and Family Development. Please fax a complete registration form, along with a letter explaining financial need and how attending this conference will benefit you, to (604) 822-4835.

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