

This issue of the Communications Bulletin includes the following items:

1. [NARSAD Healthy Minds Across North America](#) – Sept. 14<sup>th</sup> (attachment)
2. [Cairo, Egypt International Psychiatric Conference 2009](#) – **Deposit Deadline:** Sept. 15<sup>th</sup> (attachment)
3. [Journal Club – Dr. Steven Aung](#) – Oct. 29<sup>th</sup>
4. [Staff vs. Resident Soccer Game](#) – Sept. 18<sup>th</sup>
5. [Free public talk on women's health w/ Dr. Jerilynn Prior](#) – Sept. 23<sup>rd</sup>
6. [Mitchell Ralph Edward Research Fund](#) – **Deadline:** Oct. 31<sup>st</sup>
7. [Overhead Policy – Message from VP Research](#) – Effective: Oct. 1<sup>st</sup>
8. [CIHR Health Information Summit: data, data, everywhere: Access and Accountability](#) – Oct. 20<sup>th</sup> & 21<sup>st</sup> (attachment for French version)

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## 1. NARSAD Healthy Minds Across North America

Please see the [attached invitational flyer](#) for the upcoming NARSAD symposium on **Sunday, Sept. 14.**

Below are some updates to assist with this program.

### **FORUM:**

Attached is your Flyer/Invite- we suggest it be distributed to campus staff, academics, students, patients and general lay community.

### **VOLUNTEERS:**

We have reached out to local organizations such as NAMI, as well as campus counseling centers. If we do receive volunteer support at your institution, I will share this with you after September 2nd.

Volunteers may assist with check-in and general information.

### **MEDIA:**

An advertisement will be placed in:

- Vancouver Sun
- Forward News
- September 8

For more information, please visit [www.narsad.org](http://www.narsad.org) – Leading the Search for Cures.

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## **2. EGYPT 2009 – Cairo International Psychiatric Conference 2009 (attachment)**

**Kasr Al Ainy International Psychiatry Conference: February 17<sup>th</sup> - 19<sup>th</sup>, 2009**

### **Deposit Deadline**

- Non-refundable deposit of CA\$500 per person payable to Jade Tours on or before **15 SEP, 2008**

### **Full Payment Deadline**

- **15 DEC, 2008**

**\*\*\* Please see the attached for further details.**

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## **3. Journal Club - Dr. Steven Aung – Oct. 29<sup>th</sup>**

**Department of Psychiatry**  
VGH and UBC Hospital's

### **Journal Club**

**Wednesday, October 29, 2008**  
**5:00 pm – 8:00 pm**

### **Location:**

**Room 33 - Ground Floor - Health Centre**  
715 West 12th Avenue, Vancouver

### **Special Guest Speaker:**

**Dr. Steven K.H. Aung, MD, OMD, FAAFP, CM**  
Associated Clinical Professor, Dept of Medicine and Family Medicine,

## Psychiatrists as Healers:

Understanding the Purification & Recycling of Therapeutic Healing Energy

### Learning Objectives:

1. Psychiatrists as healers
2. Understanding the purification and recycling of therapeutic healing energy

Moderator: Dr. Andrea Grabovac

Warm dinner will be provided – RSVPs are therefore required:

- Please RSVP to Kerry at (604) 875-4023 or email [Kerry.Rigby@vch.ca](mailto:Kerry.Rigby@vch.ca)

**\*\*Three Hours of CME credit\*\***

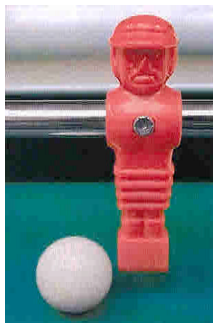
*\*\*This event is an accredited group learning activity as defined by the maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada\*\**

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## 4. Staff vs. Resident Soccer Game - Sept 18

\*\*\*\*\*  
**ANNUAL PSYCHIATRY FACULTY/STAFF vs. RESIDENTS SOCCER MATCH**  
\*\*\*\*\*



Come out and play!

**When:** September 18 (Thursday)  
**Start time:** 6:00 p.m.  
**Where:** UBC - Brock Field

If it rains, we may have to resort to Foosball in the pub to settle it... ☺

**Faculty & Staff** - please wear a **RED** shirt.

**Residents** - please wear a **WHITE** shirt.

Après-match drinks & munchies at the UBC Golf Club pub.

For more info please contact:

- Kam ([athwalkam@hotmail.com](mailto:athwalkam@hotmail.com))  
or
- Annie ([anniek@interchange.ubc.ca](mailto:anniek@interchange.ubc.ca))

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## 5. Free public talk on women's health w/ Dr. Jerilynn Prior

*Join Dr. Jerilynn Prior for a free public talk!*

Mon, 07/21/2008 - 16:49 — Elyse

Start: Sept. 23<sup>rd</sup>, 2008 - 6:30pm

End: Sept. 23<sup>rd</sup>, 2008 - 9:00pm

You are invited to a free public talk by Dr. Jerilynn Prior on women's health. She will discuss menopause, perimenopause, hot flashes, Polycystic Ovary Syndrome, hormone therapy, and much more. Plus, you will have a chance to get answers to your women's health questions.

More details will be posted closer to the event date. We hope to see you there!

Admission is free, but **pre-registration is encouraged**, as seating is limited. Please email [cemcor@interchange.ubc.ca](mailto:cemcor@interchange.ubc.ca) to confirm your attendance.

We will be holding a raffle for three free copies of Dr. Prior's book, Estrogen's Storm Season, on the night of the event. Only those who have pre-registered will be eligible so make sure you RSVP!

Tuesday, September 23rd 2008

7:00 - 9:00pm, doors at 6:30pm

The Cordula and Gunter Paetzold Health Education Centre

889 W 12th Ave, Vancouver

The Paetzold Health Education Centre is located on the main floor of VGH in the Jim Pattison Pavilion South building. Enter through the main doors at 899 W.12 Ave and proceed straight ahead past the information kiosk, past the elevators, and the doors will

be to your right. There will be signs posted but if you have difficulty locating it, please ask at the information booth.

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## **6. Mitchell Ralph Edward Research Fund**

**DEADLINE: OCTOBER 31, 2008**

This Faculty of Medicine competition is for funding of \$25,000 per year for a two-year term to support stem cell research.

Applicants must be full-time members of the Faculty of Medicine at the University of British Columbia, at the level of Assistant Professor or above.

For more details please visit the Faculty of Medicine website:

[http://www.med.ubc.ca/research/gad/dfo/mitchell\\_fund.htm](http://www.med.ubc.ca/research/gad/dfo/mitchell_fund.htm)

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## **7. Overhead Policy – message from VP research**

Dear colleagues,

In the interest of ensuring ongoing infrastructure support for UBC's numerous and varied research activities, we have made some changes to the University policy on indirect costs (also known as overhead) as they apply to research. These changes will take effect October 1, 2008 and will influence procedures for completing grant applications, contracts and research agreements.

Please take a moment to visit our website at [www.research.ubc.ca/ICR.aspx](http://www.research.ubc.ca/ICR.aspx) to read the Overhead Policy.

If you have consulted these resources and anything remains unclear, please contact my assistant, Fred Woo at [fred.woo@ubc.ca](mailto:fred.woo@ubc.ca).

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## **8. CIHR Health Information Summit:**

Data Data Everywhere: Access and Accountability (see attached for French version)

## **OCTOBER 20-21 2008, TORONTO, ONTARIO, CANADA**

Registration Open: <http://www.epl events.com/cihrsummit>

**Summit Vision:** To enhance access to health information for research to support health system decisions that will improve the health of Canadians.

**Summit Goal:** To increase mutual understanding of the importance and benefits of health research resulting from improved access to and linkage of health information whilst respecting the privacy concerns of Canadians. The Summit will bring together national leaders from political, provider and patient groups as well as key researchers in health information from Canada and abroad to set the stage for developing a roadmap for change.

**Summit Objectives:** Highlight the contributions of research to the health system and health outcomes and the pivotal role that access and linkage of health information plays;

- understand the current barriers to accessing, linking and sharing health information;
- explore the different (international) models and lessons learned that can be applied to the Canadian context;
- outline the role of researchers in protecting the public interest throughout the research process;
- identify areas of action to improve access for research, and
- develop a roadmap for action.

**Confirmed Speakers:** Penny Ballem, University of British Columbia Faculty of Medicine; Steven Lewis, Access Consulting Ltd.; William Lowrance, International Health Policy Consultant; Andrew Nelson, HMO Research Network; Robert Ouellet, Canadian Medical Association; Rob Reid, Group Health Cooperative, Department of Preventive Care; Terry Sullivan, CEO, Cancer Care Ontario; Robyn Tamblyn, Department of Epidemiology, Biostatistics & Occupational Health, McGill University; Glenda Yeates, Canadian Institute for Health Information (CIHI); and many more!

**Additional Information:** If you have any further questions about the registration, please contact [Sally Cleford](#), Summit Secretariat by e-mail or at 866-306-5714. If you have any further questions about the Summit, please contact [Tony Chin](#), CIHR-IHSPR Senior Projects Officer by e-mail or at 416-978 5174.

\*\*Please see attached flyer for **French version**.

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# HEALTHY MINDS ACROSS NORTH AMERICA

*An international day of free public forums on the progress and promise of mental health research.*

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**Sunday, September 14, 2008**

*Presented by*

**NARSAD**

*The World's Leading Charity Dedicated to Mental Health Research*

*In partnership with*

**University of  
British Columbia**

*Location:*

UBC Life Sciences Centre  
Lecture Hall #3  
2350 Health Sciences Mall  
Vancouver

*Time:*

1:00 - 4:00 p.m.

**FREE** and **OPEN** to the public. Space limited; reservations recommended.

To RSVP, email [healthyminds@narsad.org](mailto:healthyminds@narsad.org)  
or call (800) 829-8289 / (516) 829-0091.  
Learn more at [www.narsad.org](http://www.narsad.org).

## Topics:

- Stressed and Depressed? Investigating the Role of Hormones, Stress & Their Impact on Mental Health
- Insights Into the Neurobiology of Schizophrenia
- Bipolar Disorder: A Mystery Waiting to Be Solved

## Presenters:

Liisa Galea, Ph.D.

Professor of Psychology; Michael Smith Senior Scholar; Distinguished University Professor, Department of Psychology

Jeremy Seamans, Ph.D.

Associate Professor, Department of Psychiatry & The Brain Research Institute

Lakshmi N. Yatham, MBBS, FRCPC, MRCPsych (UK)

Professor of Psychiatry; Associate Head, Research & International Affairs, Department of Psychiatry

## Moderator:

Allan Young, M.D., M.B., Ch.B., MPhil, Ph.D., FRCPSych, FRCPC

Co-Director, UBC Institute of Mental Health; Chair in Depression Research

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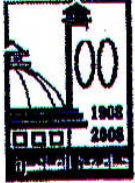
*NARSAD works to alleviate suffering from mental illness by raising funds for scientific research on the causes, treatment and prevention of such conditions as schizophrenia, depression, bipolar disorder, anxiety disorders, and childhood mental disorders — all with the goal of finding cures.*

# EGYPT 2009

## Cairo International Psychiatric Conference 2009

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Registration will be done on the spot on the first day of the conference.  
Last year's registration fee was \$300 (USD)



منوية جامعة القاهرة



## Kasr Al Ainy International Psychiatry Conference

February 17<sup>th</sup> - 19<sup>th</sup>, 2009

### Abstract Form

- Abstract Type : oral presentation

Oral Presentation       Poster

Abstract Title : \_\_\_\_\_

- Name of the Presenting Author : \_\_\_\_\_

• Author(s) Name : \_\_\_\_\_

• Mailing Address : \_\_\_\_\_

• Tel. No. \_\_\_\_\_ Fax : \_\_\_\_\_ Mobile : \_\_\_\_\_

#### Requirement for presentation : Data Show

Single Projector       Double Projector  
 Overhead Projector       Video       Data Show

Please attach abstract on a separate sheet and do not exceed 200 words

Forward the abstract to the following e-mail addresses: Dr. Emad Hamdi, [emadhamdi@dcotors.org.uk](mailto:emadhamdi@dcotors.org.uk) and Dr. Mohamed Abdel-Fattah, [mohamedarcan@yahoo.ca](mailto:mohamedarcan@yahoo.ca)



# Post conference tour

- ***This is a not for profit trip organized for the psychiatric community. Traveling as a group will allow us to minimize cost and ensure the best quality.***
- ***The group leader for the trip will be Dr. Mohamed Abdel-Fattah, MD, MHA, FRCPC [Psych]. Dr. Abdel-Fattah is a Canadian psychiatrist of Egyptian background. He is currently practicing in Vancouver, BC.***

Package: **12Days Egypt Tour (Depart on 16FEB, 2009)**

Tour Price: **CA\$3299 per person, plus applicable taxes and fuel surcharge**

**Taxes and fuel surcharge: Approx CAD500per person, subject to change at the time of ticketing**

Single Supplement: **CA\$450per person**

**Price included:**

- Economy class, round trip air tickets from Vancouver – Cairo – Vancouver by KLM ( Q class )
- Land arrangement operated on private basis.
- Hotel accommodation as specified in the itinerary.
- Meals daily as specified.
- All sightseeing and admission fee as specified.
- Transfer on private, fully air-condition vehicles.
- Service of local English Speaking guide.
- Gratuities and tipping for local guides and drivers.

**Price NOT included:**

Meals and other optional tours not specified in the itinerary.

All personal nature such as personal travel and baggage insurance, laundry, liquor, usage of telephone, fax and e-mail charges any items not mentioned as specifically included.

Egypt entry visa (CAD 40 per person)

**Payment:**

Deposit - Non-refundable deposit of CA\$500 per person payable to Jade Tours on or **before 15 SEP, 2008**

Upon receipt of deposit, please allow fourteen (14) days for confirmation on land and air arrangement.

Balance - Balance of full payment must be paid 75 days prior to departure

**Full Payment Deadline –15 DEC, 2008.**

Form of Payment - By company cheque only

**\*\*Pls. note the maximum charge amount by credit card is CA\$1200 only\*\***

**Cancellation:**

- |                                   |                       |
|-----------------------------------|-----------------------|
| Over 60 days prior to departure   | - CA\$500 per person. |
| 45-59 days prior to departure     | - 25% of tour price.  |
| 15-44 days prior to departure     | - 50% of tour price.  |
| Within 14 days prior to departure | - 100% non-refundable |

**If you are interested in registering for the post-conference tour please send an e-mail to:**

[egypt\\_2k9@yahoo.ca](mailto:egypt_2k9@yahoo.ca)

## **1** Vancouver – Cairo

Depart Canada with connection in Europe to Cairo, Egypt.

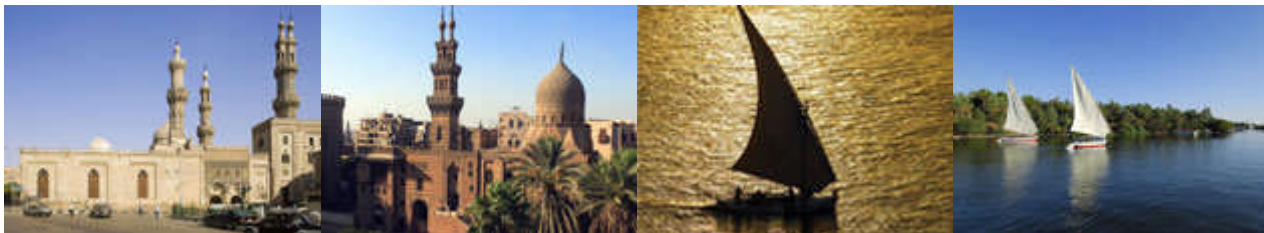
## **2** Cairo

<http://www.egypt.travel/>



Upon arrival in Cairo, local guide meet at airport. Transfer to 5-star Intercontinental Pyramid Park Resort Hotel or similar

## **3** Cairo (B)



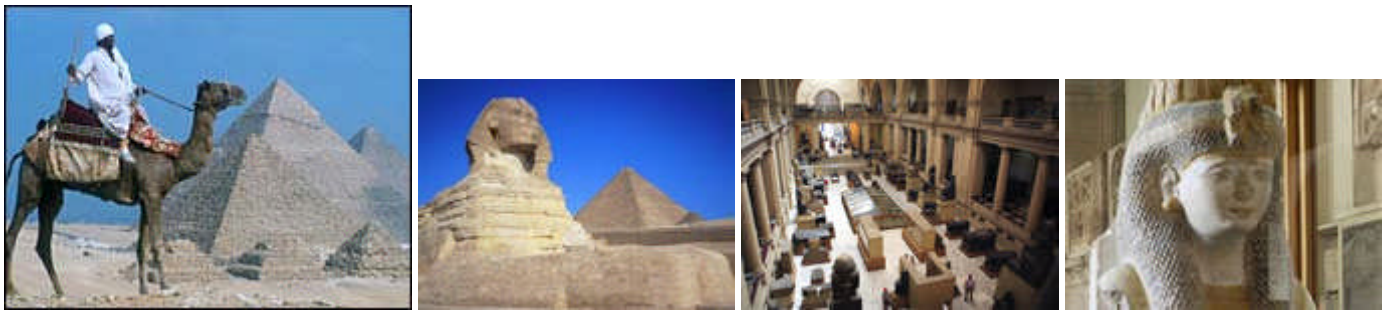
Leisure (Free day, no coach and tour guide service). Hotel: 5-star Intercontinental Pyramid Park Resort Hotel or similar.

## **4** Cairo (B)



Leisure (Free day, no coach and tour guide service). Hotel: 5-star Intercontinental Pyramid Park Resort Hotel or similar.

## **5** Pyramids – Sphinx – Egyptian Museum- Overnight train to Luxor (B/L/D)



Travel by our private coach to visit Egypt's signature attraction - the Great Pyramids, and the Sphinx. (Free bottled water and fresh fruits are available onboard). Our unique highlight is to go inside one of the Pyramids, and appreciate its mystical atmosphere and grand construction. After lunch return to Cairo and visit the treasures-filled Egyptian Museum. Stroll through halls showcasing different historical period of this ancient land. Onward to visit the Papyrus Institute, and learn how ancient Egyptian crafts such as paper, clothing, and natural perfume oil are made. Evening transfer to the railway station, and take a deluxe sleeper train to Luxor. Enjoy your dinner onboard.

## **6** Luxor (B/L/D)

Morning Arrival in Luxor. Travel by coach (Free bottled water and fresh fruits are available onboard) to visit the Valley of Kings, the Hatshpsut Temple, and the Memnon Colossals of King Amenhotep III. After lunch, visit the Luxor Temple, and world's biggest temple – Karnak Temple. Board and check-in our 5-star deluxe cruise boat – M.V. Nile Story (or similar grade boat). Enjoy your dinner in grand dining room, as our cruise ship begins its sail down the Nile River. N.B. The 5-star M.V. Nile Story or similar is a modern deluxe cruise boat made by Lloyds of England. Fully air conditioned, it has 60 rooms, restaurant, bar, top deck swimming pool, sauna, and massage. All rooms have bath room, satellite TV, ITT, hair dryer, mini bar, and outside balcony.



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## **7** Luxor – Edfu (Boat) (B/L/D)

Enjoy the natural scenery along the shores of the Nile. Cross the Esna Lock after lunch.

## **8** Edfu – Kom Ombo – Aswan (Boat) (B/L/D)



Take a shore excursion by horse carriage to visit the famous Edfu Temple. Sail on to Kom Ombo. Another shore excursion to visit the twin-goddess Kom Ombo Temple. Onward sailing to Aswan. A special Party in the evening.

## **9 Abu Simbel - Aswan (Boat) (B/L/D)**



Shore excursion by coach to Abo Simbel, and visit the twin Temples of Abo Simbel build for Ramsis II. After lunch, travel by coach (Free bottled water and fresh fruits are available onboard) to Aswan. Visit by Felucca to the Island of Plants & Flowers. Return to M.V. Nile Story 5-star floating hotel. Enjoy a cultural dance party after dinner.

## **10 Aswan – Cairo (Train) (B/L/D)**

Tour Aswan – Travel by coach (Free bottled water and fresh fruits are available onboard) to visit the Obelisk, which was unfinished and supposed to be the tallest in the world. Onward to visit the Aswan Dam, and the Philea Temple. After lunch transfer to railway station. Travel by sleeper train to Cairo. Enjoy your dinner onboard as the train roll by beautiful Egyptian country side.

## **11 Cairo (B/L/D)**

Travel by coach (Free bottled water and fresh fruit are available onboard) to visit Old Cairo, including the Citadel, Hanging Church, and the Synagogue. After lunch free time for shopping and relax in this great City.

## **12 Return to Canada**

Transfer to airport. Return to Canada with a connection in Europe.

Le texte français suit le texte anglais.



## **Data Data Everywhere: Access and Accountability**

October 20-21 2008, Toronto, Ontario, Canada

Registration Open: <http://www.eplivevents.com/cihrsummit>

### **Summit Vision**

To enhance access to health information for research to support health system decisions that will improve the health of Canadians.

### **Summit Goal**

To increase mutual understanding of the importance and benefits of health research resulting from improved access to and linkage of health information whilst respecting the privacy concerns of Canadians. The Summit will bring together national leaders from political, provider and patient groups as well as key researchers in health information from Canada and abroad to set the stage for developing a roadmap for change.

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Penny Ballem, University of British Columbia Faculty of Medicine; Steven Lewis, Access Consulting Ltd.; William Lowrance, International Health Policy Consultant; Andrew Nelson, HMO Research Network; Robert Ouellet, Canadian Medical Association; Rob Reid, Group Health Cooperative, Department of Preventive Care; Terry Sullivan, CEO, Cancer Care Ontario; Robyn Tamblyn, Department of Epidemiology, Biostatistics & Occupational Health, McGill University; Glenda Yeates, Canadian Institute for Health Information (CIHI); and many more!

### **Additional Information**

If you have any further questions about the registration, please contact [Sally Cleford](#), Summit Secretariat by e-mail or at 866-306-5714. If you have any further questions about the Summit, please contact [Tony Chin](#), CIHR-IHSPR Senior Projects Officer by e-mail or at 416-978 5174.



## Dispersion des données : L'accès et obligations

Les 20 et 21 Octobre 2008, Toronto (Ontario), Canada

Les inscriptions ouvertes : <http://www.epl events.com/cihrsummit> (anglais seulement)

### Orientation Du Sommet

Donner au milieu de la recherche un meilleur accès à l'information sur la santé pour appuyer les décisions dans le système de santé qui permettront d'améliorer la santé des Canadiens.

### But Du Sommet

Mieux comprendre de part et d'autre l'importance de la recherche en santé et les avantages qui découlent d'un meilleur accès à l'information sur la santé et du couplage des données en santé tout en respectant la vie privée des Canadiens. Le sommet réunira des chefs de file nationaux appartenant à des groupes d'intervenants politiques, de fournisseurs de soins et de patients, ainsi que des chercheurs clés en matière d'information sur la santé, du Canada et de l'étranger, pour ouvrir la voie au changement.

### Objectifs Du Sommet

- Mettre en valeur l'apport de la recherche au système de santé, les résultats en santé issus de cette recherche, ainsi que le rôle crucial que jouent l'accès à l'information sur la santé et le couplage des données;
- comprendre en quoi consistent les difficultés actuelles en matière d'accès à l'information sur la santé, de couplage et d'échange de données sur la santé;
- explorer les différents modèles (internationaux) et les leçons tirées, applicables au contexte canadien;
- décrire le rôle des chercheurs dans la protection de l'intérêt public tout au long du processus de recherche;
- cerner les interventions possibles afin d'améliorer l'accès pour le milieu de la recherche; et
- déterminer la voie à suivre.

### Conférenciers Dont La Présence

Glenda Yeates, présidente-directrice générale de l'Institut canadien d'information sur la santé; Terry Sullivan, président-directeur général d'Action Cancer Ontario; Penny Ballem, Faculté de médecine de l'Université de la Colombie-Britannique; Steven Lewis, Access Consulting Ltd.; William Lowrance; Andrew Nelson, réseau de recherche HMO; Robert Ouellet, L'Association médicale canadienne; Rob Reid, Group Health Cooperative; Terry Sullivan, Président et Chef de la direction Action Cancer Ontario; Robyn Tamblyn, Départements de médecine, d'épidémiologie et de biostatistique, Faculté de médecine Université McGill; et plus!

### Information Additionnelle

Veuillez adresser toute question sur l'enregistrement à [Sally Cleford](mailto:Sally.Cleford@cihr.ca), secrétariat du Sommet, par courriel ou au 866-306-5714. Veuillez adresser toute question sur le Sommet à [Tony Chin](mailto:Tony.Chin@cihr.ca), agent principal de projets, Instituts de recherche en santé du Canada (IRSC) Institut des services et des politiques de la santé (ISPS), par courriel ou au 416-978 5174