The UBC Psychology Clinic announces a one-day workshop

**PSYCHOLOGICAL TREATMENT OF ADDICTION AND CONCURRENT DISORDERS**

with

**HEATHER FULTON, PH.D., R.PSYCH.**

**FRIDAY, MAY 9TH, 2014**

8:30 A.M. – 4:30 P.M.

University of British Columbia
Buchanan
Room 104A
1866 Main Mall
Vancouver, BC V6T 1Z4

For further information, please contact the UBC Psychology Clinic
604.822.3005

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**Registration Form**

**Fees**

- Early Bird (before Friday, April 25th) $140
- Regular $160

(Please Print)

Name: __________________________
Occupation: ______________________
Degree: _________________________
Organization: _____________________
Address: _________________________
Phone (Day) _______________________
Fax: _____________________________
Email: ___________________________

Please send cheque payable to:
University of British Columbia
Psychology Clinic
2136 West Mall
Vancouver, B.C. V6T 1Z4

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**Who should attend?**

This workshop is primarily intended for mental health practitioners and trainees. This includes practitioners and students in psychology, psychiatry, counselling, and social work. Practitioners and trainees in other areas of health care, including physicians and nurses in general practice will also benefit from this workshop.

We are a Canadian Psychological Association (CPA) approved sponsor of Continuing Education activities. Attendees will receive 6.5 CPA Approved CE credits. A certificate will be available to confirm attendance for continuing education purposes.

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**Registration**

Space is limited, so early registration is strongly encouraged.

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**Finding Your Way**

To view a campus map and obtain more detailed driving directions visit:
http://www.maps.ubc.ca/PROD/index_detail.php?showMapCampus=y&bldg1ID=121-1
Why Attend?

- Approximately 20% of individuals with mental health problems have concurrent substance use problems—substance use disorders are the most frequently occurring co-morbid disorders among those with mental health problems.
- Ongoing substance use problems adversely affect the course and prognosis of other mental health problems and vice versa.
- Despite some depictions in media, there are a variety evidence based interventions available—many of which are primarily psychological in nature and thus would be familiar to clinicians with cognitive behavioral skills and experience.
- There is limited addiction-focused training for many mental health professionals despite the high prevalence rate of these issues in general mental health clientele.
- This workshop aims to provide mental health trainees and professionals with additional competence and confidence in working with clients with substance use problems and other concurrent mental health problems.

Training Objectives

- Receive an overview of DSM-IV-TR and DSM-V classifications of substance use disorders.
- Differentiate between different substances of abuse and clarify terminology in relation to addiction.
- Gain an in depth understanding of areas surrounding Substance Use Disorders including development and diagnosis.
- Learn about common treatment approaches in the field, the evidence for each, as well as promising new treatment approaches.
- Observe and practice essential, evidence-based techniques for treating substance use problems.

The workshop will consist of a mix of reviews of important research literature, case vignettes, and exercises with demonstrations and explanations.

About Heather Fulton, Ph.D., R.Psych.

Dr. Fulton has been studying and working in the field of addiction and concurrent disorders for nearly a decade, using both animal and human models. Her previous research has investigated such topics as: initiation and escalation of prescription opioid use by clients in a harm-reduction methadone program, ongoing mental health symptoms and the relationship to ongoing substance use in treatment, substance use initiation by adolescents, and genetic risk factors between cannabis use and psychosis. Dr. Fulton currently works at the Burnaby Centre for Mental Health and Addictions. This Centre is 100-bed provincial program for the assessment, stabilization, and treatment of clients with complex mental health and substance use issues.

Additional references & resources will be made available.