Thinking About the Interactions Between Sleep, Mood and Cognition

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Summary:

1) Look at cognition/cognitive symptoms as a separate dimension of treatment.

2) Measure it globally in some fashion.

3) Adopt a pro-cognitive approach to treating mood disorders.

4) Understand co-morbidities that affect cognition especially medications, sleep and sleep disorders.

When: Friday June 20, 2014
Time: 8:00 – 9:00 AM (full breakfast served)
Where: Lions Gate Hospital - Evergreen House, with Videoconferencing to those sites on circulation list.

Due to limited seating and catering, if possible please RSVP to Satvir Minhas at (778) 968-3684 or satm@lundbeck.com or Dr. Apu Chakraborty at Apu.Chakraborty@vch.ca by June 17, 2014