A Functional Medicine Approach to Common Mental Health Conditions

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Objectives:

- Diet and Lifestyle for Mental Health
- Genetics Associations with Mental Health
- Nutritional Deficiencies
- The Infection Connection
- Psychoneuroimmunology

When: Friday, November 14th, 2014
Time: 8:00 – 9:00 AM (full breakfast served)
Where: Lions Gate Hospital - Evergreen House

Due to limited seating and catering, please RSVP
Dr. Apu Chakraborty at Apu.Chakraborty@vch.ca
by November 12th, 2014

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