

## **Mental Health & Smoking: What's the Connection?"**

**Presented by Dr. Milan Khara  
MBChB, CCFF, Dip.ABAM**

**Clinical Director, Smoking Cessation Clinic  
Vancouver General Hospital Clinical Assistant Professor  
Faculty of Medicine, University of British Columbia**

**Moderated by Dr. Harry Karlinsky  
Coordinator of Medical Education/Professional Development  
Richmond Mental Health Services**

### **Learning Objectives: After this interactive session, the participant will:**

- 1) Be familiar with proposed hypotheses explaining high smoking prevalence rates amongst patients with mental illness.
- 2) Gain an appreciation of the true nature of tobacco dependence as a bona fide, chronic addictive disorder.
- 3) Understand the evidence-based treatment modalities for tobacco dependence particularly in the context of mental illness.
- 4) Consider the role of "harm reduction", particularly in the context of newer nicotine delivery systems.

### **Location:**

Richmond Hospital  
Ralph Fisher Auditorium-Main Floor-New Building  
7000 Westminster Hwy, Richmond, B.C.

### **Date and Time:**

**Wednesday, January 21, 2015**

Continental Breakfast\*: 8:00 a.m.

Lecture: 8:30 – 9:30 a.m.

Open to all physicians, staff and invited guests  
RMHAS - Richmond Hospital Department of Psychiatry Monthly Grand Rounds  
are held the 3<sup>rd</sup> Wednesday of each month. Time: 8:30-9:30 a.m.

For more information please call 604-244-5144

\*Courtesy of Richmond Hospital's Dept of Psychiatry Education Fund

*This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians & Surgeons of Canada. This program has been accredited by The College of Family Physicians of Canada and the BC Chapter for up to 1 Mainpro-M1 credits.*