MENTAL HEALTH BREAKFAST EVENTS FALL 2015

TOPICS

September 11th
Gisele Marion, Geoff Bodnarek, Jennifer Gibson, Maria Watson, Staff CMHA North and West Vancouver
CMHA Initiatives: Bounce Back, Live Life To The Full, STEPS and Child and Youth Programs

September 25th
Jane Thornthwaite, MLA North Vancouver - Seymour
Child and Youth Mental Health in Schools - the FRIENDS Program

October 9th
Dr. Anthony Ocana MSc, MD, CCFP, ABAM Addiction Medicine Specialist, North Shore ADHD and Addiction Clinic
ADHD and co-morbid cannabis addiction in adolescents

October 23rd
Stephen Brown MSW, RSW & Joanne Onerheim MA, RCC, Mental Health Therapists, Community Mental Health Services, The HOpe Centre
DBT at the HOpe Centre: Discussing the STREAM and MAC groups

November 6th
Andrew Neufeld MC RCC, Clinical Faculty, Department of Psychiatry, UBC
Dialectical Behaviour Therapy (DBT) and its applications to particular populations.

November 20th
Dr. Kasim Al Mashat, Registered Psychologist
Mindfulness and Mental Health

December 4th
Colleen McCain, Clinical Planner, Coastal Mental Health & Addictions, Jolene Lansdowne, Policy Consultant with VCH Population Health and the Aboriginal Health Strategic Initiatives team
Aboriginal Health Supports and Services

December 18th
Miles Lozinsky MA, Child and Youth Hospital Liaison, Child and Youth Mental Health and Addiction Services
Distinctives of an Attachment-based Developmental Approach

When: Friday mornings
Time: 8:00 am to 9:00am
Where: HOpe Cafe at HOpe Centre (Corner of St. Andrews and 13th Avenue)
Everyone is welcome! Complimentary Breakfast served
RSVP to hopementalhealth@cmha.bc.ca 4 days ahead