Part of the Mental Health Breakfast Winter Series:

Evaluating Relative Benefits of Non-Pharmaceutical Interventions for Psychosis: Cognitive Remediation Training (CRT) and Metacognitive Training (MCT) for Individuals with Psychosis

**Todd S. Woodward, Ph.D.**  
Department of Psychiatry  
University of British Columbia &  
BC Mental Health and Addictions Research Institute (BCMHARI)

**Mahesh Menon, Ph.D., R. Psych.**  
Department of Psychiatry  
University of British Columbia &  
BC Psychosis Program  
Vancouver Coastal Health

**Objectives:**
1. Discuss current research models used to explore psychosis.
2. Present functional magnetic resonance imaging (fMRI) research findings in the areas of working memory, delusions, and hallucinations.
3. Review different treatment models in relation to current research findings.
4. Introduce Metacognitive Training (MCT) treatment method for individuals with psychosis.
5. Provide information on current group education and treatment for individuals with psychosis project.

**When:** Friday, January 22nd, 2015  
**Time:** 8:00 – 9:00 AM  
**Where:** HOpe Centre Atrium (1337 St Andrews ave, North Vancouver)

Full breakfast served by Blenz Café

Please RSVP by January 18th to hopementalhealth@cmha.bc.ca

Sponsored through an unrestricted educational grant from Lundbeck Canada Inc.