Kelty Dennehy
Mental Health Resource Centre
Breakfast Event

The Impact of Stress Hormones
Presented by

Elnaz Boloogh
Registered Psychiatric Nurse

Friday August 5th, 2016.
8am - 9am

Atrium
HOpe Centre
1337 St. Andrews Avenue,
North Vancouver. V7L 0B8
Coast Salish Territories

Everyone is welcome!

Complimentary Breakfast
provided by
Blenz HOpe Café
A Social Enterprise of
Canadian Mental Health Association

Seating Limited
RSVP required

Join Elnaz to find out about the Impact of Stress Hormones on our body and mind.

Please RSVP to hopementalhealth@cmha.bc.ca