CAREER OPPORTUNITY

Mental Health Fellowship

The UBC Department of Psychiatry is inviting eligible candidates to apply for a full-time Fellowship in Children and Women’s Mental Health and Concurrent Disorders.

The focus of the one-year funded fellowships can be in child and adolescent, reproductive, or infant mental health. The fellowship may be primarily clinical or research-focused, but it must have at least a part time research or academic project included in it, equating to approximately 20% of the fellow’s time. Areas of focus may include any of the subspecialty clinics within mental health that are interested in providing this advanced training to a fellow.

Applicants will have a medical degree and successful completion of a Psychiatry Residency Training Program &/OR a PhD in mental health or neuroscience related fields.

The anticipated start date range between July 1 and October 1. This is a 1 year appointment. Salary will be commensurate with qualifications and experience. This position will operate out of the Children and Women’s Mental Health and Concurrent Disorders at BC Children’s Hospital.

Department of Psychiatry

A letter of application, accompanied by a detailed curriculum vitae and names of three references, should be directed to:

Dr. Lucinda Kunkel
C/O: Lori MacRae, lori.macrae@cw.bc.ca

Closing date: March 31, 2018
Anticipated start date of this position: between July 1 and October 1, 2018

The University of British Columbia (UBC) is a global centre for research and teaching. Surrounded by the beauty of the Canadian West, UBC embraces bold new ways of thinking that attract exceptional students and faculty. It is a place where innovative ideas are nurtured in a globally connected research community, providing unparalleled opportunities to learn, discover and contribute.

Faculty members, students, staff and alumni in the UBC Faculty of Medicine are actively engaged in innovative, leading edge research, education and community service on university and hospital campuses across the Province. Together we aim to create knowledge and advance learning that will make a vital contribution to the health of individuals and communities, locally, nationally, and internationally.

UBC hires on the basis of merit and is committed to employment equity. All qualified persons are encouraged to apply. UBC is strongly committed to diversity within its community and especially welcomes applications from visible minority group members, women, Aboriginal persons, persons with disabilities, persons of any sexual orientation or gender identity, and others who may contribute to the further diversification of ideas. However, Canadian and permanent residents of Canada will be given priority.

psychiatry.ubc.ca & med.ubc.ca
BC Children’s Hospital (BCCH) Department of Psychiatry is pleased to announce the availability of two, one-year funded clinical research or research fellowships in child and adolescent, or reproductive mental health. Areas of focus may include, but are not limited to: pediatric neuropsychiatry, obsessive-compulsive disorder, attention-deficit/hyperactivity disorder, somatoform disorders, eating disorders or combined reproductive & infant mental health. Moreover, fellowships may be primarily research, or a combination of both research and clinical exposure.

Details regarding training opportunities specific to different programs will are available.

Outstanding and highly motivated candidates at the PhD or MD level are encouraged to apply. The Clinical Research or Research Fellow will participate in clinical and/or neuroscience research pertaining to child mental health, in addition to related potential teaching and clinical activities as agreed upon with the Director of Child Psychiatry Postgraduate Research Training and the Director of Child & Adolescent Psychiatry Research at BCCH.

The fellow will be encouraged to attend grand rounds and lectures at BC Children's Hospital, including those hosted by Psychology and Psychiatry Departments. The fellow will be encouraged to attend BCCH Research Institute (BCCHR) seminars and to become active members of the BCCHR Brain, Behaviour and Development theme.

Qualifications:
Successful candidates must have:
- A medical degree and successful completion of a Psychiatry Residency Training Program &/OR a PhD in mental health or neuroscience related fields
- Strong commitment to ethical practice, high personal standards of behaviour and accountability to his/her profession
- Excellent interpersonal and communication skills. Clinical Research Fellows must demonstrate a fluent command of written and spoken English
- Eligibility for registration and licensure with the College and Physicians and Surgeons of British Columbia (for clinical fellowships)
- Demonstrated interest and proficiency in conducting research studies

**Application:**

Interested applicants may submit applications between **February 1 to March 31, 2018.**

All interested applicants should forward the following documents to Lori MacRae in Postgraduate Child Psychiatry Training at BCCH:

- An updated curriculum vitae.
- Applicants must meet the current English language proficiency requirements listed on the CPSBC website at [https://www.cpsbc.ca/files/pdf/REG-ELP.pdf](https://www.cpsbc.ca/files/pdf/REG-ELP.pdf). If language proficiency requirements are not met, examination results must be provided.
- Two letters of reference from supervisors. Each letter should be sent directly by the referee to the Director of Postgraduate Child Psychiatry Training and include a statement indicating the applicant will not know its contents.
- One letter of standing from the current or past Director of Psychiatry Training that includes a statement of overall standing in training (for clinical fellowships).
- One letter of intent. The letter should be two pages in length at most, and state clearly why the applicant wishes to train in Child, Adolescent or Reproductive Mental Health, and at our training site in particular. It should also clearly delineate specific goals of the proposed training experience.

Please address applications to:

**Clinical Fellowships**
Dr. Lucinda Kunkel, MD, FRCPC
Child and Adolescent Psychiatrist
Assistant Clinical Professor
Interim Post Graduate Education Director
Provincial Specialized Eating Disorders Program for Children and Adolescents BC
Children's Hospital P3-215, Mental Health Bldg., Box 156
4500 Oak Street, Vancouver BC V6H 3N1
Telephone: 604-875-2811
Email: lucinda.kunkel@cw.bc.ca

**Research and Clinical/Research Fellowships**
Dr. S. Evelyn Stewart, MD, FRCPC  
Associate Professor, University of British Columbia  
Child and Adolescent Psychiatrist and Researcher  
Director of Research for Child and Adolescent Psychiatry at BC Children’s Hospital  
A3-121, 950 W 28th Ave, Vancouver, BC V5Z 4H4  
Telephone: 604-875-2000 ext 4725  
Email: evelyn.stewart@ubc.ca

Care of:

Lori MacRae  
BCCH Academic Secretary, Psychiatry  
Children’s & Women’s Health Centre of BC  
Department of Child & Adolescent Psychiatry  
P3-304, Third Floor, Mental Health Building  
4500 Oak Street, Vancouver, BC V6H 3N1  
Tel: 604-875-2345 Local: 5504 | Fax: 604-875-2099  
Email: lori.macrae@cw.bc.ca
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Department of Psychiatry, BC Children’s Hospital
University of British Columbia

BC Children’s Hospital (BCCH) Department of Psychiatry is pleased to announce the availability of two, one-year funded clinical or research-based fellowships in child and adolescent, reproductive, or infant mental health. The fellowship may be clinical or research-focused, or it may comprise a blend of both in connection with one of our subspecialty programs. Areas of focus may include, but are not limited to: pediatric neuropsychiatry, obsessive-compulsive disorder, attention-deficit/hyperactivity disorder, somatoform disorders, eating disorders or combined reproductive & infant mental health.

An applicant’s approval for training depends on the availability of a supervisor at our site suitable to the training needs and focus being proposed. It will be the trainee’s responsibility to identify and contact potential supervisors. A list of clinic medical directors by subspecialty area can be provided upon request from the trainee.

Clinical Fellowship:
The Clinical Fellow, a trainee position, will participate in clinical teaching, clinical investigation, and quality assurance activities as agreed upon with the Director of Postgraduate Child Psychiatry Training at BCCH.

Key Accountabilities:
▪ Under supervision, maintain responsibility for patient assessment and treatment (may be both inpatient and outpatient), day to day management and follow-up of patients as expected of a psychiatrist, writing physician orders, attending rounds and team meetings, documenting patient care, and communicating with other physicians and team members.
▪ Maintenance of patient health records, dictating, editing and signing off of reports in a timely manner and in accordance with the policies within the department and BCCH Rules and Bylaws.
▪ Maintenance of a high level of professionalism and collegiality.
Research Fellowship:
The Clinical Research or Translational Research Fellow will participate in clinical or neuroscience research related to child mental health, in addition to teaching and quality assurance activities as agreed upon with the Director of Child Psychiatry Postgraduate Research Training at BCCH.

Key Accountabilities:
- Under supervision, participate in numerous aspects of research, which may involve study design, implementation, analysis and interpretation, in addition to conference presentation and manuscript preparation.
- Preparation of research ethics board submissions.
- Specialty program involvement and subject recruitment including attendance at team meetings, and communication with other physicians and team members.
- Maintenance of a high level of professionalism and collegiality.

Qualifications:
Successful candidates must have:
- A medical degree and successful completion of a Psychiatry Residency Training Program &/OR a PhD in mental health-related fields
- Strong commitment to ethical practice, high personal standards of behavior and accountability to his/her profession
- Excellent interpersonal and communication skills. Clinical Fellows must demonstrate a fluent command of written and spoken English.
- Strong commitment to best practice and advancing his/her knowledge in the field of mental health
- Demonstrated excellence and commitment to teaching across a spectrum of learners
- Strong inter-professional skills with demonstrated ability to work in a team environment
- Eligibility for registration and licensure with the College and Physicians and Surgeons of British Columbia (for clinical fellowships)
- Strong health advocacy skills including exploration of patients' needs, advocating for patients where required, and mobilizing health or community resources as is required (for clinical fellowships)
- Excellent clinical skills and medical knowledge with demonstrated ability to work with children and families (for all clinical fellowships and research fellowships with significant clinical involvement)
- Demonstrated interest and proficiency in conducting research studies (for research fellowships)
Application:
All interested applicants should forward the following documents to the Director of Postgraduate Child Psychiatry Training at BCCH:

- An updated curriculum vitae.
- Applicants must meet the current English language proficiency requirements listed on the CPSBC website at [https://www.cpsbc.ca/files/pdf/REG-ELP.pdf](https://www.cpsbc.ca/files/pdf/REG-ELP.pdf). If language proficiency requirements are not met, examination results must be provided.
- Two letters of reference from supervisors. Each letter should be sent directly by the referee to the Director of Postgraduate Child Psychiatry Training and include a statement indicating the applicant will not know its contents.
- One letter of standing from the current or past Director of Psychiatry Training that includes a statement of overall standing in training (for clinical fellowships).
- One letter of intent. The letter should be two pages in length at most, and state clearly why the applicant wishes to train in Child and Adolescent Mental Health, and at our training site in particular. It should also clearly delineate specific goals of the proposed training experience.
- At the point of application, please contact potential training supervisors and advise the Director of Postgraduate Child Psychiatry Training once a supervisor is confirmed.

Please address applications to:

**Clinical Fellowships**
Dr. Lucinda Kunkel, MD, FRCPC  
Child and Adolescent Psychiatrist  
Assistant Clinical Professor  
Interim Post Graduate Education Director  
Provincial Specialized Eating Disorders Program for Children and Adolescents BC  
Children’s Hospital P3-215, Mental Health Bldg., Box 156  
4500 Oak Street, Vancouver BC V6H 3N1  
Telephone: 604-875-2811  
Email: lucinda.kunkel@cw.bc.ca

**Research and Clinical Research Fellowships**
Dr. S. Evelyn Stewart, MD, FRCPC  
Associate Professor, University of British Columbia
Child and Adolescent Psychiatrist and Researcher
BC Children’s Hospital, Child and Family Research Institute
A3-121, 950 W 28th Ave, Vancouver, BC V5Z 4H4
Telephone: 604-875-2000 ext 4725
Email: evelyn.stewart@ubc.ca
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Subspecialty Area Description

Area of Focus: Neuropsychiatry Clinic: Assessment/Treatment of Mental Health Concerns in Children with Neurodevelopmental Conditions

Fellowship Program Setting: The outpatient Neuropsychiatry Clinic provides specialized services for children and youth with complex neurodevelopmental conditions, including assessment and treatment of a wide range of mental health concerns (e.g., tics, disruptive behaviour, anxiety). Ongoing clinical research programs focus on behavioural treatment of tics as well as behavioural parent training for children with neurodevelopmental disabilities (e.g., intellectual disability, autism).

Fellowship Types Available in Program:

✓ Combined Clinical and Research/Academic Project Focus
◊ Primary Research Focus

Fellowship Training Experiences within Program

Clinical Opportunities:

- Provide behavioural treatment of tics and tic disorders
  - Conduct diagnostic assessment of tics and related concerns
  - Provide individually-administered comprehensive behavioural intervention for tics (CBIT) with typically-developing children
  - Modify CBIT for children with neurodevelopmental disabilities (e.g., intellectual disability, autism)
  - Co-lead an innovative, evidence-based group treatment for managing tics (“Tic Busters” group)
  - Supervise trainees in assessment/treatment of tics

- Provide behavioural parent training for children with neurodevelopmental conditions
  - Provide individually-administered behavioural parent training for parents of children with neuropsychiatric presentations
  - Co-lead an evidence-based behavioural parent training group for children with neurodevelopmental conditions (e.g., intellectual disability, autism)

- Additional opportunities may include:
  - Psychological/psychoeducational assessment of children with neuropsychiatric conditions
  - Treatment of other mental health concerns (e.g., anxiety, obsessive-compulsive disorder, body-focused repetitive behaviours) occurring in the context of a neurodevelopmental disability

Research/Academic Project Opportunities:
• **Develop and pilot child/parent questionnaires to assess tic-related stigma**
  - Facilitate focus groups for children with tics and their parents to explore their perceptions of tic-related stigma
  - Develop and pilot child-report and parent-report questionnaires to assess tic-related stigma among children with tics

• **Conduct a case series on modified behavioural treatment of tics among children with neurodevelopmental conditions**

• **Participate in ongoing data collection, data analysis, and presentation of findings for an ongoing behavioural parent training intervention study**

**Other Potential Opportunities:**

• **Other clinical research projects depending on the fellow’s interest/experience**

**Available Fellowship Supervisors:**

*Melanie McConnell, Ph.D. R. Psych.:* Dr. McConnell earned her M.A. from Clark University and her Ph.D. from the University of Vermont, both in Clinical Psychology. She completed her residency at BC Children’s Hospital. She has developed expertise in providing evidence-informed assessment and treatment of mental health concerns in neurodevelopmental populations including children with intellectual disabilities, autism spectrum disorders, and other complex neurodevelopmental conditions. Special interests include behavioural treatment of tics, modified cognitive-behavioural therapy (CBT) for anxiety in children with developmental disabilities, and behavioural parenting strategies for pediatric neuropsychiatric populations. Continuing professional education has included formal training in CBIT (Tourette America Behavior Therapy Training Institute), CBT for obsessive compulsive disorder (International OCD Foundation Behavior Therapy Training Institute), and CBT for anxiety in children with autism. Dr. McConnell is a staff psychologist in the Neuropsychiatry Clinic at BC Children’s Hospital, a Clinical Instructor through the Department of Psychiatry at the University of BC and a Clinical Investigator with BC Children's Hospital Research Institute.

*Kristen McFee, Ph.D. R. Psych.:* Dr. McFee received her M.A. and Ph.D. in Clinical Psychology from York University. She completed her pre-doctoral residency at BC Children’s Hospital. She demonstrates a strong background in behavioural theory and treatment, having worked as a behaviour interventionist with children with special needs and providing supervision in this area. She now provides evidence-based assessment and treatment for children with neuropsychiatric conditions. She has completed formal training in autism, treatment of anxiety in children with autism, and CBIT (Tourette Syndrome Association Behaviour Therapy Institute). Dr. McFee has a special interest in program evaluation research and has completed formal coursework in this area. Dr. McFee is a staff psychologist in the Neuropsychiatry Clinic at BC Children’s Hospital.
Tara Jukes, Ph.D. R. Psych.: Dr. Jukes received her M.Sc. and Ph.D. in Clinical Psychology from the University of Western Ontario. She completed her pre-doctoral residency and post-doctoral fellowship at BC Children’s Hospital. Her fellowship focused on assessment/treatment of tics and tic disorders, and included developing the “Tic Busters” treatment protocol and pilot study. She drew on her formal, graduate-level training in program evaluation to establish initial evidence of the feasibility of delivering CBIT in a group setting. Dr. Jukes currently works in a Clinical-Research position in the Neuropsychiatry Clinic, focused on studying behavioural treatment of tics, and she is a Clinical Investigator with BC Children’s Hospital Research Institute.

Other Teaching Faculty and Interdisciplinary Team Members:

- The fellow would be welcome to work with any of our interdisciplinary team members, including neuropsychiatrists, social workers, occupational therapist, and speech/language pathologist.
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Information for Units/Clinics

BC Children’s Hospital (BCCH) Department of Psychiatry is pleased to announce the availability of two, one-year funded fellowships in child and adolescent, reproductive, or infant mental health. The fellowship may be primarily clinical or research-focused, but it must have at least a part time research or academic project included in it, equating to approximately 20% of the fellow’s time. Areas of focus may include any of the subspecialty clinics within mental health that are interested in providing this advanced training to a fellow.

This form is an opportunity for your unit/clinic to submit a basic outline of what kind of fellowship you would be willing to offer so that this information can be used to recruit interested candidates. It will be the responsibility of your clinic to identify learning objectives, provide the training experience in its entirety, supervise the research or academic project, identify the fellowship supervisor(s), and provide evaluation for the trainee.

Candidates applying for the fellowship can either have a medical degree and successful completion of a Residency Training Program and/or a PhD in mental health-related fields. This may include trainees from various health-related backgrounds (e.g. psychiatry, adolescent medicine, family medicine, psychology, etc.) but they must be interested in completing a full-time mental health fellowship within the Department of Child and Adolescent Psychiatry at BC Children’s Hospital.
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Subspecialty Area Description

Area of Focus: Provincial Specialized Eating Disorders Program for Children and Adolescents

Fellowship Program Setting:
The successful applicant would be working in a tertiary hospital-based eating disorders treatment program with a 14 bed inpatient unit, 6 bed day program unit and a robust outpatient clinic staffed by a strong multidisciplinary team. This program works collaboratively with BCCH Division of Adolescent Health and Medicine (Department of Pediatrics), and has strong community partnerships with secondary-level programs, as well as the Looking Glass Residence (14-bed residential eating disorders treatment facility in Vancouver for youth age 16 –25). Our program has specific research interests in assessing treatment outcome in children and youth with eating disorders across the gender spectrum. The expectation is that the successful applicant would experience working in the various treatment modalities as well as undertaking a defined research project within the unit under supervision.

The training opportunities would be tailored to the individual applicant and their prior clinical background and career interest. For applicants trained in pediatrics or family medicine, the emphasis would be on medical management. For applicants trained in psychiatry or clinical psychology, the emphasis would be on the mental health management.

Fellowship Type Available in Program:
◊ Combined Clinical and Research/Academic Project Focus

Fellowship Training Experiences within Program

Clinical Opportunities:
• For all trainees –
  o Participating in inpatient, day program and outpatient multidisciplinary case management rounds
  o Being involved in direct patient care at all levels.
  o Exposure and observation at the Looking Glass Residence (secondary level residential care for eating disorders in youth aged 16-25yrs) and at Vancouver Coastal Secondary Eating Disorders service
  o Participate in academic half day for either Adolescent Medicine and/or Child and Adolescent Psychiatry
• For psychology or psychiatry trainees:
  o Gain expertise in performing initial diagnostic consultation in a team setting
o Training and supervision in providing Family-Based Therapy (FBT) for treatment of eating disorders in an outpatient setting
o Exposure to a variety of psychotherapeutic approaches, both in group and individual settings [e.g., dialectical behavior therapy (DBT), enhanced cognitive behavioural therapy (CBT-E) and cognitive remediation therapy (CRT), and mindfulness] for management of eating disorders
o Participate in Emotion Focused Family Therapy workshops and parent groups as a co-therapist
o For psychiatry trainees specifically – providing primary management for patients in the inpatient and day treatment services

• For Pediatrics or Family medicine trainees:
  o Gain expertise in performing initial diagnostic consultation in a multidisciplinary team setting
  o Exposure and observation of Family-Based Therapy (FBT) for treatment of eating disorders in adolescents an outpatient setting
  o Gain expertise in the acute medical management and stabilization of children and youth with medical instability related to eating disorders on an acute medical ward and inpatient mental health ward, including participation in the on-call service for Adolescent Medicine
  o Gain expertise in medical monitoring and management of medically stable children and youth with eating disorders in the tertiary outpatient clinic and day treatment program.

Research/Academic Project Opportunities:

The Eating Disorders Program has an active research team, with a variety of on-going research studies. Several of the fellowship supervisors and team members hold funding to support research activities. Many of the on-going projects can be combined with a clinical fellowship. Examples of current projects include:

1. Eating disorder symptoms and physical well-being in youth with eating disorders across the gender spectrum: A prospective study is currently on-going, in which all biological males who are admitted to BC Children’s Hospital Eating Disorders Program or the Looking Glass Residence are invited to complete measures of eating disorder, mood, and anxiety symptoms at admission, discharge, and 3-month follow-up. Physical parameters are also collected. A group of matched biological females, as well as youth who do not identify with their assigned sex at birth, are also invited to participate. Exit interviews are also conducted with participants, to explore perceptions of the treatment experience.

2. Body checking in youth: A cross-sectional study is in progress, in which we are studying body image and body checking behaviours (e.g., measuring body parts) in youth with an eating disorder, youth with obsessive-compulsive disorder, and youth with no mental health diagnosis.
3. Collaborations (both Canadian and international) are also in progress in the Eating Disorders program, with opportunities for the fellow to participate in collaborative projects investigating both medical and psychological outcomes in children and adolescents with eating disorders.

**Other Potential Opportunities:**

Several members of the team in the Eating Disorders Program teach in the University of British Columbia Faculty of Medicine (Dept. of Psychiatry, Pediatrics and Adolescent Medicine), and provide seminars to students and trainees in psychology and psychiatry (e.g., assessment, psychotherapy for eating disorders). Opportunities to build a teaching portfolio are available for candidates who are interested in an academic career track.

**Available Fellowship Supervisors:**

- **Pei-Yoong Lam, MD, FRACP FRCPC**, Adolescent Medicine Specialist, Medical Director of the Provincial Specialized Eating Disorders Program for Children and Adolescents
  - Areas of Interests: Eating disorders physiology, anthropometric measurements, males with anorexia and recovery outcomes.
  - Email: PLam-02@cw.bc.ca

- **Jennifer Coelho, PhD**, Psychologist, Research lead for the Provincial Specialized Eating Disorders Program for Children and Adolescents, Clinical Assistant Professor, Dept. of Psychiatry (UBC).
  - Areas of interest: clinical outcomes; predictors of eating pathology; cognitive processes.
  - Email: Jennifer.coelho@cw.bc.ca

- **Dzung Vo, MD**, Adolescent Medicine Specialist, Clinical Associate Professor, Adolescent Medicine Fellowship Director
  - Areas of Interest: Medical education; resilience; positive youth development; mindfulness; social pediatrics; advocacy
  - Email: dvo@cw.bc.ca

- **Julia Wong, MD, FRCPC**, Psychiatrist, Director, Continuing Professional Development for Psychiatry
  - Areas of Interest: Eating Disorders in Athletes; Therapeutic Alliance; Communication; ARFID
  - Email: Julia.Wong@cw.bc.ca

**Other Teaching Faculty and Interdisciplinary Team Members:**

- **Lucinda Kunkel, MD**, Child and Adolescent Psychiatrist, Clinical Assistant Professor
- **Christa Peters, MD**, Child and Adolescent Psychiatrist
- **Carina Perel-Panar, MD**, Child and Adolescent Psychiatrist, Clinical Instructor
- **Dr. Eva Moore**, Adolescent Medicine Specialist, Clinical Assistant Professor
• Dr. Curren Warf, Adolescent Medicine Specialist, Clinical Professor. Division Head, Adolescent Medicine.
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Subspecialty Area Description

Area of Focus: Mood and Anxiety Disorders

Fellowship Program Setting:
The fellow will work closely with their primary supervisor and other team members in the mood and anxiety disorders clinic including child and adolescent psychiatrists, clinical psychologists, social worker, graduate students, and research assistants. He/she will participate in weekly team meetings and will have opportunities for involvement in assessment, treatment, community consultation, teaching and mood and anxiety disorders research.

Fellowship Types Available in Program
☑ Combined Clinical and Research/Academic Project Focus
☑ Primary Research Focus

Fellowship Training Experiences within Program
Clinical Opportunities:
Clinical training experiences include diagnostic assessments, individual and group-based treatment approaches for mood and anxiety disorders. Particular focus areas within the clinic include mindfulness-based parenting programs for childhood anxiety as well as cognitive behavioural groups for children and parents including mindfulness components for parents. Specialized parent-child interaction therapy-informed selective mutism treatment is another area of expertise for the clinic. We regularly run CBT groups for teen social anxiety and childhood anxiety, as well as interpersonal therapy groups for teen depression. Additional opportunities would include participation in mindfulness groups for teens with mixed depression and anxiety. We also work closely with other subspecialty clinics such as OCD and neuropsychiatry and there would be opportunities for collaboration across clinics in areas of shared expertise.

Research/Academic Project Opportunities:
All projects described below could be combined with a clinical fellowship.

1. Selective Mutism Treatment Outcome Study.
We are currently conducting a treatment outcome study examining a 16 week behavioural/parent coaching approach to treating selective mutism in children aged 4-10. Treatment sessions are now complete and 1 year follow up data will be collected by summer 2018. There will be opportunities to participate in data analysis as well as identify specific research questions of interest for further study by the fellow such as clinical and family characteristics of children with selective mutism, predictive validity of a baseline behavioural observation task, the role of parental and child language proficiency in selective mutism, moderators of treatment outcome, and longer term follow up analyses.
2. Development and Evaluation of Group Treatment Protocol for Selective Mutism. Beginning in January 2018 we will be running (and researching) group-based treatment protocols for children with selective mutism. Clinically we have seen great utility in having joint sessions with more than one child but there is currently no research evidence evaluating group treatment for selective mutism. Furthermore, group formats for treatment can be a more cost effective approach to treatment in a public health setting. There would be opportunities for the fellow to participate in data collection and analysis in addition to clinical skill development and participation in service delivery.

3. Manual Writing for Individual/Group Treatment Protocols for Selective Mutism. We are currently undertaking manual writing for our individual treatment protocol for selective mutism. There may be opportunities to engage in collaborative writing of the treatment protocol including clinician and parent manuals.

4. Knowledge translation/community capacity building
Our provincial program at BC Children’s Hospital has been developing new models of care to increase access to specialized care throughout the province as well as build community capacity, particularly in rural and remote areas. Evaluation data of the new models of care are being collected on an ongoing basis. These data provide opportunities for evaluation of these new models of care. In addition, there is opportunity to participate in further development and evaluation of new services as well as participation in clinical delivery of outreach and collaborative models of care. Areas of current focus are low incidence disorders including selective mutism and complex presentations of mood and anxiety disorders.

Other Potential Opportunities:

1. Parent factors in treatment outcomes for childhood anxiety.
As part of our regularly-run child anxiety groups there are opportunities to examine moderators of treatment outcome including child and parent factors such as parental accommodation, intrusiveness, etc. There is an opportunity to work with a graduate student who has done some proposal development work in this area.

2. Combined medication and behavioural treatment for selective mutism.
Clinically, we have had great success with the combination of low dose SSRI treatment and intensive behavioural therapy for children with severe selective mutism. To date, the combination of medication and behavioural treatment has not been evaluated in a research context. Our provincial program with high volume of cases including many treatment resistant cases provides an excellent venue to examine this question. A fellow would have the opportunity to be involved in grant writing, research design, and protocol development for this important area.

3. Opportunity to collaborate with visiting scholar.
Dr. Arlene Young, associate professor at Guelph University, will be a visiting scholar at BC Children’s Hospital in the mood and anxiety disorders clinic working on some collaborative projects on selective mutism and childhood anxiety for a portion of the
fellow’s tenure. There would be opportunities for supervision and collaboration on research projects as well as the possibility of supervision on other related research activities such as grant writing or manuscript development.

Available Fellowship Supervisors:

Rosalind Catchpole, Ph.D, is a registered psychologist and head of the mood and anxiety disorders clinic at BC Children’s Hospital. She is a clinical instructor in the department of psychiatry at the University of British Columbia. Her research efforts currently are focused on characteristics of children with selective mutism, treatment outcomes of novel behavioural/PCIT treatment and predictors of treatment outcome. She has also published in the area of youth concurrent disorders; in particular examining psychosocial characteristics of youth with concurrent disorders as well as patterns of cigarette smoking among this population. She also has a keen interest in parental factors in anxiety disorders treatment and examining more parent-heavy approaches to anxiety disorders treatment.

Susan Baer, MD, Ph.D. is a psychiatrist and medical director of the outpatient department at BC Children’s Hospital. She is a Clinical Assistant Professor in the department of psychiatry at the University of British Columbia. Her research efforts are currently focused on treatment evaluation for children with selective mutism. Other areas of research have included evaluation of internet use (including video gaming) in children and youth with psychiatric disorders, as well as evaluation of cognitive behavioral group treatment of social anxiety disorder.

Arlene Young, Ph.D. is an associate professor at the University of Guelph. Her research is focused on two broad areas: language and learning disorders in children and adolescents and anxiety disorders including temperamental and information processing risk factors as well as treatment for anxiety disorders in children. She will be a visiting scholar at BC Children’s Hospital in the mood and anxiety disorders clinic for a portion of the academic year and will be available for project consultation as outlined above.

Other Teaching Faculty and Interdisciplinary Team Members:

Psychiatrists: Drs. Susan Baer, Megan MacFadden, Tamara Salih, Petra Steven, Jake Locke, Ashley Miller
Clinical Psychologists: Drs. Rosalind Catchpole and Sandra Clark
Social Worker: Natasha Masciantonio
Speech and Language pathologist: Vinni Pannikar
Fellowship in Children and Women’s Mental Health Subspecialty Area Description

Area of Focus: Neuropsychiatry and OCD Clinics: Assessment/Treatment of Tics and Obsessive-Compulsive Disorder

Fellowship Program Setting: The outpatient Neuropsychiatry Clinic provides specialized services for children and youth with complex neurodevelopmental conditions, including assessment and treatment of a wide range of mental health concerns (e.g., tics, disruptive behaviour, anxiety). Ongoing clinical research programs focus on behavioural treatment of tics as well as behavioural parent training for children with neurodevelopmental disabilities (e.g., intellectual disability, autism).

The OCD Clinic provides a range of services that includes outpatient assessment, consultation and treatment of youth with OCD, consultation with community practitioners, clinical and translational research on OCD, and teaching of interdisciplinary students. Current clinical research projects focus on neurocognitive profiles of youth with OCD and non-affected siblings, neuroimaging, program evaluation, predictors of treatment outcomes, parent mindfulness skills training, epigenetics, and parent management training augmentation.

Fellowship Types Available in Program:
- Combined Clinical and Research/Academic Project Focus
- Primary Research Focus

Fellowship Training Experiences within Program

Clinical Opportunities:

- **Provide behavioural treatment of tics and tic disorders**
  - Conduct diagnostic assessment of tics and related concerns
  - Provide individually-administered comprehensive behavioural intervention for tics (CBIT) with typically-developing children
  - Modify CBIT for children with neurodevelopmental disabilities (e.g., intellectual disability, autism)
  - Co-lead an innovative, evidence-based group treatment for managing tics (“Tic Busters” group)
  - Supervise trainees in assessment/treatment of tics

- **Provide exposure and response prevention treatment for obsessive-compulsive disorder**
  - Conduct interdisciplinary assessments of OCD and comorbid disorders
  - Co-facilitate weekly family-based CBT group treatment sessions, including booster sessions at posttreatment months 1, 3, and 9.
  - Co-facilitate the 4-week intensive outpatient treatment group in July
- Offer consultation to community clinicians regarding the assessment and/or treatment of OCD
- Offer consultation to other clinicians within the outpatient and inpatient psychiatry programs at BCCH.

**Additional opportunities may include:**
- Psychological/psychoeducational assessment of children with tics, obsessive-compulsive symptoms, or both
- Individual treatment of co-occurring tics and obsessions/compulsions for children unsuitable for group treatment

**Research/Academic Project Opportunities:**

- The fellow will be encouraged to develop an independent clinical research project related to treatment of co-occurring tics and obsessions/compulsions

**Available Fellowship Supervisors:**

**Melanie McConnell, Ph.D. R. Psych.**: Dr. McConnell earned her M.A. from Clark University and her Ph.D. from the University of Vermont, both in Clinical Psychology. She completed her residency at BC Children’s Hospital. She has developed expertise in providing evidence-informed assessment and treatment of mental health concerns in neurodevelopmental populations including children with intellectual disabilities, autism spectrum disorders, and other complex neurodevelopmental conditions. Special interests include behavioural treatment of tics, modified cognitive-behavioural therapy (CBT) for anxiety in children with developmental disabilities, and behavioural parenting strategies for pediatric neuropsychiatric populations. Continuing professional education has included formal training in CBIT (Tourette America Behavior Therapy Training Institute), CBT for obsessive compulsive disorder (International OCD Foundation Behavior Therapy Training Institute), and CBT for anxiety in children with autism. Dr. McConnell is a staff psychologist in the Neuropsychiatry Clinic at BC Children’s Hospital, a Clinical Instructor through the Department of Psychiatry at the University of BC and a Clinical Investigator with BC Children's Hospital Research Institute.

**Kristen McFee, Ph.D. R. Psych.**: Dr. McFee received her M.A. and Ph.D. in Clinical Psychology from York University. She completed her pre-doctoral residency at BC Children’s Hospital. She demonstrates a strong background in behavioural theory and treatment, having worked as a behaviour interventionist with children with special needs and providing supervision in this area. She now provides evidence-based assessment and treatment for children with neuropsychiatric conditions. She has completed formal training in autism, treatment of anxiety in children with autism, and CBIT (Tourette Syndrome Association Behaviour Therapy Institute). Dr. McFee has a special interest in program evaluation research and has completed formal coursework in this area. Dr. McFee is a staff psychologist in the Neuropsychiatry Clinic at BC Children’s Hospital.
*Tara Jukes, Ph.D. R. Psych.*: Dr. Jukes received her M.Sc. and Ph.D. in Clinical Psychology from the University of Western Ontario. She completed her pre-doctoral residency and post-doctoral fellowship at BC Children’s Hospital. Her fellowship focused on assessment/treatment of tics and tic disorders, and included developing the “Tic Busters” treatment protocol and pilot study. She drew on her formal, graduate-level training in program evaluation to establish initial evidence of the feasibility of delivering CBIT in a group setting. Dr. Jukes currently works in a Clinical-Research position in the Neuropsychiatry Clinic, focused on studying behavioural treatment of tics, and she is a Clinical Investigator with BC Children’s Hospital Research Institute.

*Katherine McKenney, Ph.D. R. Psych.*: Dr. McKenney earned her M.A. and Ph.D. from York University in Ontario, both in Clinical-Developmental Psychology. She completed her pre-doctoral internship at The Hospital for Sick Children in Toronto. She has developed expertise in the assessment and treatment of obsessive-compulsive and related disorders. Continuing professional education has included formal training in CBT for obsessive compulsive disorder (International OCD Foundation Behavior Therapy Training Institute), CBIT (Tourette America Behavior Therapy Training Institute), and CBT for anxiety in children and adolescents. Drawing on her training, Dr. McKenney developed the first intensive group outpatient treatment program for youth with OCD in Canada, and is regularly involved running this program through the OCD Clinic. She, along with colleagues, also developed a manualized 12-week family-based group treatment program with youth with OCD. Dr. McKenney is a staff psychologist in the OCD Clinic at BC Children’s Hospital and an Adjunct Professor in the Department of Psychology at the University of BC.

*Ainsley Boudreau, Ph.D., R.Psych.*: Dr. Boudreau is a psychologist at British Columbia Children’s Hospital (BCCH). She has a Master’s degree in School Psychology, and graduated from Dalhousie University with a PhD in Clinical Psychology. She currently holds a clinical research position in the Neuropsychiatry Clinic and a clinical position in the OCD Clinic at BCCH. Her research aims to advance treatment and other clinical work in neurodevelopmental disorders (primarily autism spectrum disorder, as well as tic/Tourette disorders and obsessive-compulsive disorder).

*Evelyn Stewart, MD, FRCPS*: Dr. Evelyn Stewart is an Associate Professor in the Department of Psychiatry, University of British Columbia and is the founding director of the Pediatric Obsessive-Compulsive Disorder Clinic and Research Program at BC Children and Women’s Health Centre. She is a clinical, genetic and neuroscience researcher, as well as a child and adult psychiatrist. Her research focuses on biologic, phenotypic, familial, and treatment aspects of childhood-onset neuropsychiatric disorders, such as obsessive-compulsive disorder (OCD). Dr. Stewart has authored over 70 original papers, reviews and chapters on genetic, clinical, and treatment aspects of OCD, Tourette's Disorder, and related illnesses. She previously sat on the Scientific and Clinical Advisory Board of the International OCD Foundation, on the Medical Advisory Board of the Tourette Syndrome Association of America and is Co-director of the International OCD Foundation Genetics Collaborative.
Other Teaching Faculty and Interdisciplinary Team Members: (provide names, degree and clinical and academic titles)

- The fellow would be welcome to work with any of our interdisciplinary team members across the Neuropsychiatry and OCD Clinics, including psychiatrists, social workers, occupational therapist, and speech/language pathologist.
- Possible available Neuropsychiatry clinic team members include: Dr. Robin Friedlander (psychiatrist), Dr. Roger Freeman (psychiatrist), Dr. Diane Fast (psychiatrist), Dr. Brian Banno (psychiatrist), Dr. Francois Proulx (psychiatrist), Dr. Karolina Smith (psychiatrist), Allison Whitlock (social worker), Mary Glasgow Brown (occupational therapist).
- Possible available OCD clinic team members include: Dr. Daniel Lafleur (psychiatrist), Dr. Christa Peters (psychiatrist), Dr. Janine Slavec (psychologist), Natasha Masciantonio (social worker)
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Subspecialty Area Description

Area of Focus: Our program addresses somatization in children and youth (e.g., DSM5 Somatic Symptom Disorder, Conversion Disorder, Factors Affecting a Medical Condition).

Fellowship Program Setting:
The fellow will work closely with their primary supervisor and interdisciplinary team members including child and adolescent psychiatrists, clinical psychologists, a clinical social worker, a nurse-clinician, and pediatrics, as well as other clinical and research trainees in psychiatry and psychology. He/she will participate in twice weekly research and clinic meetings and will have opportunities for involvement in direct clinical care with children and families, dissemination of peer-reviewed research, and knowledge translation for community clinicians and the public.

Fellowship Types Available in Program:
☑ Combined Clinical and Research/Academic Project Focus
☑ Primary Research Focus

Fellowship Training Experiences within Program

Clinical Opportunities:
Clinical training experiences include consultation-liaison, initial diagnostic assessments with children and families, group-based family psychoeducational and therapeutic interventions, and individualized emotion-focused and relationship-based (attachment) therapies. Our program is integrating research into clinical activities provided.

Research/Academic Project Opportunities:
The following studies are currently underway. None require full-time research dedication for involvement.

1) Understanding pediatric somatization
   - Observing or conducting diagnostic interviews for new program assessments
   - Psychometrically evaluating a new tool for assessing somatization
   - Assessing the prevalence of somatization in other medical contexts (emergency, pain, concussion, etc.)
   - Developing a novel research question to be tested using previously collected data on 75 somatizing youth (13-18 years old) and their parents on variables such as: somatic symptoms, functional disability, healthcare utilization, readiness for change, perceptions of and responses to stress, emotion regulation, internalizing and externalizing symptoms, and parent and peer relationships

2) Group-based interventions for somatization
   - Participating as a facilitator or research observer of a 6 week group for somatizing adolescents and their parents, offered 4 times per year
   - Evaluating intervention-related changes using 3 waves of data collected (baseline, post-intervention, 6-month follow-up) on 50 families
- Contributing to the development and evaluation of a controlled outcome study comparing the group to an active comparison group
- Conducting qualitative research to understand the patient experience and inform new initiatives

3) Family-based treatments for somatization
- Participating as a treatment provider and/or researcher of family-based (attachment-oriented) treatments for families of somatizing youth
- Contributing to grant writing, developing novel research questions, and selecting measurement tools to support program evaluation
- Conducting qualitative research to understand the patient experience and inform new initiatives

4) Knowledge translation
- Contributing to the development and dissemination of resources for the public, patients, families, and health professionals that will support destigmatization and normalization of somatization as a mental health concern
- Developing strategies for evaluating uptake and impact knowledge translation resources

Other Potential Opportunities:
1) Threat-related attention bias study (involving neurocognitive assessment)
2) Neuroimaging study (involving structural and functional components)
3) Systematic literature reviews and opinion pieces for publication
4) Development and evaluation of knowledge translation activities (e.g., educational modules, national practice standards, treatment guidelines, and handbooks for community physicians, mental health clinicians, and school professionals)
5) Supervision and teaching of junior research assistants and clinical trainees

Fellowship Supervisors:

Amrit Dhariwal, PhD, RPsych
- Titles: Investigator, BC Children’s Hospital Research Institute
  Clinical Assistant Professor, Child & Adolescent Psychiatry Subspecialty Program, UBC Medicine
  Staff Psychologist, Teaching & Consultation Clinic, BCCH
- Email: amrit.dhariwal@cw.bc.ca
- Areas of Interest: Dr. Dhariwal has clinical expertise in relationship-based therapies with applications to the period between infancy and early adulthood, including: Child-Parent Relationship Therapy, Circle of Security Parenting and Treatment Planning, Interpersonal Therapy, and Dialectical Behavior Therapy. She regularly provides teaching, clinical supervision, and mentorship to psychiatry residents and fellows, predoctoral clinical psychology students, and post-doctoral psychology fellows. She is an early career clinical, developmental, and translational researcher, who has studied the importance of parent and peer relationships for healthy social-emotional development. Her current academic efforts address the novel application of relationship-based and emotionally focused interventions for adolescent somatization.
Andrea Chapman, MD, FRCPC
- Titles: Medical Director, Psychiatry Consultation-Liaison Clinic, BCCH
  Program Director, Child & Adolescent Psychiatry Subspecialty Program, UBC Medicine
  Investigator, BC Children’s Hospital Research Institute
- Email: achapman@cw.bc.ca
- Areas of Interest: Dr. Chapman is the medical director of the Consultation-Liaison Psychiatry Service, and provides both inpatient and outpatient assessments to children and youth with medical conditions. She works collaboratively with many of the hospital subspecialty clinics, including Complex Pain, Gastroenterology, and Neurology. She regularly provides teaching, clinical supervision, and mentorship to psychiatry residents and fellows. Her specialty area of interest is in pediatric somatization and she is heavily invested in translating knowledge for patients, families, and health professionals. She has co-authored handbooks, videos, and professional resources and is regularly invited to present to academic audiences.

Teaching Faculty and Interdisciplinary Team Members:

Victoria Hurst-Martin, MSW, RSW
- Clinical Social Work Specialist, Psychiatry Teaching & Consultation Clinic, BCCH
- Clinical Instructor, Child & Adolescent Psychiatry Program, UBC Medicine

Ashley Miller, MD, FRCPC
- Child and Adolescent Psychiatrist, Teaching & Consultation Clinic, BCCH
- Psychotherapy Training Director, Child & Adolescent Psychiatry Subspecialty Program, UBC Medicine

Theresa Newlove, PhD, RPsych
- Head of Psychology, BCCH and Sunny Hill Health Centre for Children
- Adjunct Professor, UBC Psychology
- Investigator, BC Children’s Hospital Research Institute

Tim Oberlander, MD, FRCPC
- Developmental Pediatrician & Attending Physician, Complex Pain Service, BCCH
- R. Howard Webster Professor in Brain Imaging and Early Child Development, Division of Developmental Pediatrics, Department of Pediatrics, UBC Medicine
- Investigator, BC Children's Hospital Research Institute

Kelly Saran, BSc, BEd, MD, FRCPC
- Child & Adolescent Psychiatrist, Teaching & Consultation Clinic, BCCH
- Clinical Assistant Professor, Child & Adolescent Psychiatry Program, UBC Medicine

Robelle Salvador, RN, BPN
- Nurse Clinician, Psychiatry Consultation-Liaison Clinic, BCCH
Elizabeth Stanford, PhD, RPsych
- Staff Psychologist, Medical Psychology Program, BCCH
- Clinical Instructor, UBC Psychology

Dzung Vo, MD, FAAP
- Medical Director, Adolescent Medicine Subspecialty Residency (Fellowship) Program, BCCH
- Clinical Associate Professor, Division of Adolescent Health and Medicine, Department of Pediatrics, UBC Medicine
**Fellowship in Children and Women’s Mental Health and Concurrent Disorders**

**Information for Units/Clinics**

BC Children’s Hospital (BCCH) Department of Psychiatry is pleased to announce the availability of two, one-year funded fellowships in child and adolescent, reproductive, or infant mental health. The fellowship may be primarily clinical or research-focused, but it must have at least a part time research or academic project included in it, equating to approximately 20% of the fellow’s time. Areas of focus may include any of the subspecialty clinics within mental health that are interested in providing this advanced training to a fellow.

This form is an opportunity for your unit/clinic to submit a basic outline of what kind of fellowship you would be willing to offer so that this information can be used to recruit interested candidates. It will be the responsibility of your clinic to identify learning objectives, provide the training experience in its entirety, supervise the research or academic project, identify the fellowship supervisor(s), and provide evaluation for the trainee.

Candidates applying for the fellowship can either have a medical degree and successful completion of a Residency Training Program and/or a PhD in mental health-related fields. This may include trainees from various health-related backgrounds (e.g. psychiatry, adolescent medicine, family medicine, psychology, etc.) but they must be interested in completing a full-time mental health fellowship within the Department of Child and Adolescent Psychiatry at BC Children’s Hospital.
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Subspecialty Area Description

Area of Focus: *Inpatient Adolescent Psychiatry or Psychology*

Fellowship Program Setting: *Adolescent Inpatient Psychiatry Unit*

Fellowship Types Available in Program:

X Combined Clinical and Research/Academic Project Focus
X Primary Research Focus

Fellowship Training Experiences within Program

Clinical Opportunities:

The Adolescent Inpatient Psychiatry Unit at BCCH is delighted to offer a 12 month fellowship in the area of inpatient adolescent psychiatry. We are a tertiary level, 10 bed unit that treats youth and their families with complex psychiatric disorders within complex psychosocial situations. Presenting concerns typically include, but are not limited to, psychotic disorders, severe mood disorders, anxiety disorders, complex PTSD, conversion/somatoform, autism and other neuro-developmental disorders. We treat youth from all over the province and the Yukon, so we see very challenging and often diagnostically complex and unique cases. We work as a multidisciplinary team including psychiatry, psychology, social work, occupational therapy, nursing, child and youth care workers, teachers, nurse practitioner, and pharmacy. Our average length of stay is 4-6 weeks.

This fellowship can be in either psychology or psychiatry and will be a combination of clinical (80%) and research (20%). The clinical portion will involve managing a clinical caseload (supervised). Typical opportunities include, intake/ screening, admission, and comprehensive diagnostic assessments and treatment planning (including pharmacological management); discharge planning; individual treatment in a milieu setting; and the opportunity to co-facilitate therapeutic groups. There are many therapeutic modalities offered as part of an admission, such as CBT, IPT, DBT and group therapy which the fellow could learn or observe. There are also opportunities to provide family therapy and learn from a multi-disciplinary team. Our unit strives to be trauma informed. For psychologists, there is a unique opportunity to develop skills in providing psychological assessments (e.g., emotional, social, and cognitive) to support diagnostic clarification and treatment planning, for youth with severe mental illness and often co-occurring learning disabilities or cognitive impairments.

Please contact Dr. Jennifer Russel for any further information. We look forward to meeting with you.
Research/Academic Project Opportunities:

We are open to any research project currently underway, including a literature review or meta-analysis. Current projects on our unit include areas of comprehensive assessment of atypical presentations of psychosis, clozapine initiation, risk triage, and evaluation of our program’s efficacy.

Other Potential Opportunities:

There is also flexibility to participate in other learning opportunities in the department depending on the fellow’s interest and aptitude. For example, spending a half day in another sub specialty area (mood, anxiety, neuropsych, infant etc…)

Available Fellowship Supervisors:

Dr. Jennifer Russel MD FRCPC, MSW. HBCOMM
Child and Adolescent Psychiatrist at BC Children’s Hospital
Medical Director Adolescent Psychiatry
Assistant Professor at The University of British Columbia
Clinical Areas: Trauma Informed Practice, Inpatient Adolescent Psychiatry, and Compassion Fatigue
Jrussel4@cw.bc.ca

Dr. Trudy Adam Ph.D. MA MD FRCPC,
Child and Adolescent Psychiatrist at BC Children’s Hospital
Clinical Instructor at The University of British Columbia
tadam@cw.bc.ca

Dr. Anna Kalenchuk MD, FRCPC
Child and Adolescent Psychiatrist at BC Children’s Hospital
Director, Postgraduate Training, Child and Adolescent Psychiatry
Clinical Instructor at The University of British Columbia
Anna.Kalenchuk@cw.bc.ca

Dr. Leah Burgess PhD., R.Psych.
Psychologist, Adolescent Inpatient and Child & Adolescent Psychiatric Emergency units.
Investigator, BC Children’s Hospital Research Institute
Clinical & research areas of interest: Cognitive and psychological assessments, program evaluation, refractory psychosis, risk assessment, CBT/DBT, and test development
Lburgess2@cw.bc.ca

Dr. Audrey Wexler PhD., R.Psych.
Clinical Interests include complex developmental trauma; transgender health; adolescent development and mental health; mental health and cultural context/diversity.
awexler@cw.bc.ca

Other Teaching Faculty and Interdisciplinary Team Members:

Emile Lopez MSW and Chris Macallum MSW, clinical social workers
Sue Kozak, Occupational Therapy
Dean Elbe – Pharmacy
Sandra Brydon, Nursing
Ardelle Komaryk – Nurse Practitioner
Vancouver School Board Teachers
Fellowship in Children and Women’s Mental Health Subspecialty Area Description

Area of Focus:
Obsessive-Compulsive and Related Disorders

Fellowship Program Setting:
The fellow will work closely with their primary supervisor and other team members including child and adolescent psychiatrists, clinical psychologists, a social worker, graduate students, post-doctoral students and research assistants. He/she will participate in twice weekly research and clinic meetings and will have opportunities for involvement in assessment, treatment and other novel aspects of pediatric OCD studies.

Fellowship Types Available in Program:
☑ Combined Clinical and Research/Academic Project Focus
☑ Primary Research Focus

Fellowship Training Experiences within Program

Clinical Opportunities:
Clinical training experiences include initial diagnostic consultation, long-term annual follow-up, group family-based cognitive behavioural therapy (GF-CBT), CBT booster session follow-up, parent mindfulness skills training, and parent management training.
Our program has fully integrated research into all clinical activities.

Research/Academic Project Opportunities:
All of the following studies are currently underway, and none require full-time research dedication for involvement.

1) OCD Program Data Registry
- observing and/or conducting semi-structured and unstructured diagnostic interviews for new program assessments and annual long-term follow-up assessments
- developing a research question to be tested using previously collected registry data (comprising over 5,000 variables on 220 pediatric OCD subjects).

2) Neurocognition in Pediatric OCD (CIHR funded)
- conducting diagnostic interviews for pediatric OCD subjects, unaffected siblings and healthy controls.
- physical examination of neurological soft signs
- observing and/or conducting (with supervision) neurocognitive assessments focused on attention, memory and executive function.
- developing a novel research question to be tested using previously collected neurocognitive and academic functioning data (comprising hundreds of variables) on 60 pediatric OCD subjects, 60 healthy controls and 55 unaffected siblings.

3) Group family-based Cognitive Behaviour Therapy (GF-CBT) Study
- participation as a ‘CBT coach’ in separate 12 week groups of OCD-affected children, adolescents and their parents during the autumn, winter and spring sessions.
- participation as a ‘CBT coach’ in the 4 week intensive summer program in July.
- developing a research question and conducting secondary analysis on clinician, child and parent-reported data from over 100 subjects.
4) Mindfulness-Based Skills Training (MBST) for Parents
- participation as a group co-lead in 8 session MBST groups for parents

Other Potential Opportunities:
1) Neuroimaging study (involving structural and functional components)
2) Epigenetics and genomic aspects of pediatric OCD

The fellow will be encouraged to attend grand rounds and lectures at BC Children's Hospital, including those hosted by Psychology and Psychiatry Departments. The fellow will be encouraged to attend BCCH Research Institute (BCCHR) seminars and to become active members of the BCCHR Brain, Behaviour and Development theme.

Available Fellowship Supervisors:
Dr. Evelyn Stewart is an Associate Professor in Psychiatry at UBC and founding director of the Provincial OCD Program at B.C. Children's Hospital. She is a clinical, neuroscience and translational researcher. Her academic efforts focus on clinical, familial and biological aspects of OCD throughout the lifespan, with emphasis on Pediatric OCD. Dr. Stewart has authored over 70 original papers, reviews and chapters on OCD and related illnesses. She sits on scientific and clinical advisory board for the International OCD Foundation, co-directs the International OCD Foundation Genetics Collaborative, leads the Brain, Behaviour and Development theme within the BCCH Research Institute and is the Research Director for the BCCH mental health programs. Dr. Stewart’s overall career goal is to improve the lives of OCD-affected families through research, clinical and teaching contributions.

Other Teaching Faculty and Interdisciplinary Team Members:
Psychiatrists: Drs. Daniel Lafleur and Christa Peters
Clinical Psychologists: Drs. Katherine McKenney, Janine Slavec, and Ainsley Boudreaux
Social Worker: Natasha Masciantonio
Post-doctoral fellows: Drs. Robert Selles (clinical psychologist), Fern Jaspers-Fayer (neuroscientist) and Juliana Negreiros (school psychologist)
Research Coordinators: Diana Franco Yamin and Daniel Leibowitz
Fellowship in Children and Women’s Mental Health and Concurrent Disorders
Subspecialty Area Description

Area of Focus: Neuropsychiatry Clinic: Assessment/Treatment of Mental Health Concerns in Children with Neurodevelopmental Conditions

Fellowship Program Setting: The outpatient Neuropsychiatry Clinic provides specialized services for children and youth with complex neurodevelopmental conditions, including assessment and treatment of a wide range of mental health concerns (e.g., tics, disruptive behaviour, anxiety). Ongoing clinical research programs focus on behavioural treatment of tics as well as behavioural parent training for children with neurodevelopmental disabilities (e.g., intellectual disability, autism).

Fellowship Types Available in Program:
- Combined Clinical and Research/Academic Project Focus
- Primary Research Focus

Fellowship Training Experiences within Program

Clinical Opportunities:

- **Provide behavioural treatment of tics and tic disorders**
  - Conduct diagnostic assessment of tics and related concerns
  - Provide individually-administered comprehensive behavioural intervention for tics (CBIT) with typically-developing children
  - Modify CBIT for children with neurodevelopmental disabilities (e.g., intellectual disability, autism)
  - Co-lead an innovative, evidence-based group treatment for managing tics (“Tic Busters” group)
  - Supervise trainees in assessment/treatment of tics

- **Provide behavioural parent training for children with neurodevelopmental conditions**
  - Provide individually-administered behavioural parent training for parents of children with neuropsychiatric presentations
  - Co-lead an evidence-based behavioural parent training group for children with neurodevelopmental conditions (e.g., intellectual disability, autism)

- **Additional opportunities may include:**
  - Psychological/psychoeducational assessment of children with neuropsychiatric conditions
  - Treatment of other mental health concerns (e.g., anxiety, obsessive-compulsive disorder, body-focussed repetitive behaviours) occurring in the context of a neurodevelopmental disability
Research/Academic Project Opportunities:

- Develop and pilot child/parent questionnaires to assess tic-related stigma
  - Facilitate focus groups for children with tics and their parents to explore their perceptions of tic-related stigma
  - Develop and pilot child-report and parent-report questionnaires to assess tic-related stigma among children with tics

- Conduct a case series on modified behavioural treatment of tics among children with neurodevelopmental conditions

- Participate in ongoing data collection, data analysis, and presentation of findings for an ongoing behavioural parent training intervention study

Other Potential Opportunities:

- Other clinical research projects depending on the fellow’s interest/experience

Available Fellowship Supervisors:

Melanie McConnell, Ph.D. R. Psych.: Dr. McConnell earned her M.A. from Clark University and her Ph.D. from the University of Vermont, both in Clinical Psychology. She completed her residency at BC Children’s Hospital. She has developed expertise in providing evidence-informed assessment and treatment of mental health concerns in neurodevelopmental populations including children with intellectual disabilities, autism spectrum disorders, and other complex neurodevelopmental conditions. Special interests include behavioural treatment of tics, modified cognitive-behavioural therapy (CBT) for anxiety in children with developmental disabilities, and behavioural parenting strategies for pediatric neuropsychiatric populations. Continuing professional education has included formal training in CBIT (Tourette America Behavior Therapy Training Institute), CBT for obsessive compulsive disorder (International OCD Foundation Behavior Therapy Training Institute), and CBT for anxiety in children with autism. Dr. McConnell is a staff psychologist in the Neuropsychiatry Clinic at BC Children’s Hospital, a Clinical Instructor through the Department of Psychiatry at the University of BC and a Clinical Investigator with BC Children's Hospital Research Institute.

Kristen McFee, Ph.D. R. Psych.: Dr. McFee received her M.A. and Ph.D. in Clinical Psychology from York University. She completed her pre-doctoral residency at BC Children’s Hospital. She demonstrates a strong background in behavioural theory and treatment, having worked as a behaviour interventionist with children with special needs and providing supervision in this area. She now provides evidence-based assessment and treatment for children with neuropsychiatric conditions. She has completed formal training in autism, treatment of anxiety in children with autism, and CBIT (Tourette Syndrome Association Behaviour Therapy Institute). Dr. McFee has a special interest in program evaluation research and has completed formal coursework in this area. Dr. McFee is a staff psychologist in the Neuropsychiatry Clinic at BC Children’s Hospital.
**Tara Jukes, Ph.D. R. Psych.:** Dr. Jukes received her M.Sc. and Ph.D. in Clinical Psychology from the University of Western Ontario. She completed her pre-doctoral residency and post-doctoral fellowship at BC Children’s Hospital. Her fellowship focused on assessment/treatment of tics and tic disorders, and included developing the “Tic Busters” treatment protocol and pilot study. She drew on her formal, graduate-level training in program evaluation to establish initial evidence of the feasibility of delivering CBIT in a group setting. Dr. Jukes currently works in a Clinical-Research position in the Neuropsychiatry Clinic, focused on studying behavioural treatment of tics, and she is a Clinical Investigator with BC Children’s Hospital Research Institute.

**Other Teaching Faculty and Interdisciplinary Team Members:** (provide names, degree and clinical and academic titles)

- The fellow would be welcome to work with any of our interdisciplinary team members, including neuropsychiatrists, social workers, occupational therapist, and speech/language pathologist.