The 15th Annual Lafayette Health Awareness Series presents

WEBINAR with host **Shelagh Rogers** OC
Chancellor of the University of Victoria, CBC Radio journalist and host of “The Next Chapter”

**THE ART OF LIVING IN THE TIME OF COVID**

**THURSDAY**
**OCTOBER 1**
**7.00 to 8.30 pm**

Pre-registration is required
Please visit the **Webinar** website, [https://tinyurl.com/Lafayette2020](https://tinyurl.com/Lafayette2020) or the **LSQ** website [www.lafayettestringquartet.ca](http://www.lafayettestringquartet.ca)
Only one person per viewing group or household need register

**DONATIONS** from this event will go towards establishing a Lafayette Music and Health Legacy Fund

**FEATURING GUEST SPEAKERS**

**BONNIE HENRY**
MD MPH FRCP, Chief Provincial Health Officer, British Columbia; Associate Professor UBC

**STEVEN TAYLOR**
PhD, R. Psych, UBC Dept of Psychiatry; author of the “Psychology of Pandemics”

**TERENCE TAM**
MD, CCFP (EM), Affiliate Clinical Instructor, Division of Medical Sciences, University of Victoria; Concertmaster, Victoria Symphony

Institute on Aging & Lifelong Health

The Lafayette String Quartet